Better Off Dead than Disabled?: Should Courts Recognize a "Wrongful Living" Cause of Action When Doctors Fail to Honor Patients' Advance Directives?

Adam A. Milani

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Better Off Dead than Disabled?: Should Courts Recognize a "Wrongful Living" Cause of Action When Doctors Fail to Honor Patients’ Advance Directives?

Adam A. Milani*

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*Introduction*

In 1976, Americans celebrated the bicentennial of the Declaration of Independence, which proclaims that all people are endowed with "certain unalienable rights," including those of "Life, Liberty and the pursuit of Happiness." That same year also marked the recognition in both case law and statutory law of a new right: the right to die. In the following two

2. *Id.*
decades, almost every state has affirmed this right in its statutory law or case law, and the United States Supreme Court has found that competent persons have a "constitutionally protected liberty interest in refusing unwanted medical treatment." More recently, a federal appellate court held that recognition of the right to die necessarily includes a right to physician-assisted suicide.

These cases and statutes have arisen because advances in medical technology have drastically changed the way physicians treat patients and how and where Americans die. In 1939, barely one-third (thirty-seven percent) of Americans died in hospitals or nursing homes. Less than five decades later, however, between eighty percent and eighty-five percent of Americans died in hospitals or nursing homes. Furthermore, seventy percent of these individuals did so after a decision to forgo life-sustaining treatment.

Many of these people died after enduring treatments that were unheard of fifty years ago. Cardiopulmonary resuscitation (CPR) was not effectively developed until 1960 when it was introduced as an emergency means of restoring circulation in cardiac arrest victims. Soon, however, CPR

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4. See infra notes 35-50 and accompanying text.


9. Roach, supra note 8, at 156 (citing PRESIDENT'S COMM'N FOR THE STUDY OF ETHICAL PROBLEMS IN MEDICINE AND BIOMEDICAL AND BEHAVIORAL RESEARCH, DECIDING TO FOREGO LIFE-SUSTAINING TREATMENT 17-18 (1983)).

10. Cruzan, 497 U.S. at 303 (Brennan, J., dissenting) (citing Helene Levens Lipton, Do-Not-Resuscitate Decisions in a Community Hospital: Incidence, Implications, and Outcomes, 256 JAMA 1164, 1168 (1986)).

11. Kathleen M. Boozang, Death Wish: Resuscitating Self-Determination for the Criti-
became standard procedure in hospitals, and many hospitals established a requirement that it be performed in all cases except when a do-not-resuscitate order had been executed.\footnote{12}

Iron lungs for polio patients were introduced in the 1950s, and respirators, or positive pressure ventilators, came into use in the 1960s.\footnote{13} These ventilators require either an endotracheal or tracheostomy tube.\footnote{14} Like CPR, intubation of patients in respiratory arrest became standard practice in hospitals unless the patient had previously executed a do-not-resuscitate order.

Widespread use of intravenous nutrition for patients that could neither eat nor tolerate gastrostomy tubes also began in the 1960s.\footnote{15} Although not an emergency procedure giving rise to presumed consent, health care providers have often resisted removal of a feeding tube once it has been inserted, and patients and families have responded by suing to have their wishes honored.\footnote{16} These suits have sought equitable relief in the form of orders requiring health care providers to discontinue treatment and let patients die.

The widespread recognition of the right to die has also spawned another type of lawsuit: suits for damages alleging that patients who received CPR "is the term used to refer to a constellation of procedures administered to patients 'to restore cardiac function or to support ventilation in the event of a cardiac or respiratory arrest' and hence to oxygenate the blood supply, especially vital for brain functioning." \textcite{1 ALAN MEISEL, THE RIGHT TO DIE § 9.4, at 543 (2d ed. 1995) (citation omitted). Additionally:

Many of these procedures are highly intrusive, and some are violent in nature. The defibrillator, for example, causes violent (and painful) muscle contractions which, in a patient suffering from osteoporosis, may cause fracture of vertebrae or other bones. Such fractures, in turn, cause pain, which may be extreme. In re Dinnerstein, 380 N.E.2d 134, 135-36 (Mass. App. Ct. 1978) (citing 3 MARSHALL HOUTS & IRWIN H. HAUT, COURTROOM MEDICINE SERIES: DEATH § 1.01(3)(d) (1976)).

12. \textcite{SEE Boozang, supra note 11, at 24-25; Alvin H. Moss, Informing the Patient About Cardiopulmonary Resuscitation: When the Risks Outweigh the Benefits, J. GEN. INTERNAL MED., July-Aug. 1989, at 349, 353; see also MEISEL, supra note 11, at 544-45.}
14. \textcite{Id. at 746.}
15. \textcite{MAURICE E. SHILS & VERNON R. YOUNG, MODERN NUTRITION IN HEALTH AND DISEASE 1024-25 (7th ed. 1988), cited in Byrnes, supra note 7, at 6 n.18.}
unwanted life-sustaining treatment suffered a compensable injury when their right to die was violated. The majority of the suits seeking damages for the unauthorized provision of life-sustaining treatment have relied on traditional common-law torts, such as battery and infliction of emotional distress, or on a constitutional tort under 42 U.S.C. § 1983. There has also been a call, however, for the recognition of a new tort: wrongful living. Plaintiffs bringing wrongful living actions essentially claim that their diminished quality of life after or while receiving treatment makes their life not worth living, and thus, that they would be better off dead. To date, few courts have ruled on the viability of such a cause of action.

Given the increasing use of living wills, durable powers of attorney, and other instruments memorializing patients' wishes to refuse treatment, however, the number of wrongful living cases is likely to increase dramatically. These cases will force courts to attempt to answer the question of whether a plaintiff's life is worth living. Their response may potentially have a profound impact on persons with disabilities that have historically been viewed as indeed having lives not worth living.

This Article argues that courts should reject a wrongful living tort because "life is not a compensable harm." In making this argument, this Article first examines the rise of case law and statutory law covering an individual's right to die. Part II then discusses the medical profession's consistent failure to honor patients' wishes to refuse life-sustaining treatment despite the existing law concerning the right to die.

Part III of the Article reviews extant case law on wrongful living and the more abundant case law on "wrongful life" actions brought in the name


21. See infra notes 35-68 and accompanying text.

22. See infra notes 69-107 and accompanying text.
of children with disabilities alleging that it would be better if they had not been born.\textsuperscript{23} Courts have been reluctant to recognize either action because of a conceptual unwillingness to say that "life, even with severe disabilities, constitutes an actionable injury"\textsuperscript{24} and because of the impossibility of calculating damages based on a comparison between life with a disability and no life at all.

Not all courts have agreed, however, that life with a disability is better than no life at all. Part IV of the Article discusses how the debate on the right to die, assisted suicide, and wrongful life reflects societal prejudice towards persons with disabilities.\textsuperscript{25} The Article examines the historical view that life with a disability is not worth living as reflected in both popular culture\textsuperscript{26} and right-to-die case law.\textsuperscript{27} This view still predominates, but courts have recently recognized the impact of this prejudice and the lack of support services for persons with disabilities in deciding right-to-die and assisted suicide cases.\textsuperscript{28}

Part V argues that courts should be "attuned to the worth of an individual irrespective of physical or mental handicap,"\textsuperscript{29} and that therefore they should reject a wrongful living cause of action.\textsuperscript{30} Courts should reject wrongful life claims because: (1) "legal recognition that a disabled life is an injury would harm the interests of those most directly concerned, the handicapped;"\textsuperscript{31} (2) the question of whether one would be better off dead is one that courts are not equipped to handle and is antithetical to "the very nearly uniform high value which the law and mankind has placed on human life, rather than its absence;"\textsuperscript{32} (3) it is impossible to calculate compensatory damages based on the comparison between life with a disability and death; and (4) there are adequate remedies available under traditional tort principles for patients whose refusal of treatment has not been honored.

\begin{itemize}
\item \textsuperscript{23} See infra notes 108-240 and accompanying text.
\item \textsuperscript{24} See Flanagan v Williams, 623 N.E.2d 185, 191 (Ohio Ct. App. 1993).
\item \textsuperscript{25} See infra notes 241-324 and accompanying text.
\item \textsuperscript{26} See infra notes 242-47 and accompanying text.
\item \textsuperscript{27} See infra notes 248-324 and accompanying text.
\item \textsuperscript{28} See infra notes 315-24 and accompanying text.
\item \textsuperscript{29} McKay v Bergstedt, 801 P.2d 617, 628 (Nev 1990).
\item \textsuperscript{30} See infra notes 325-56 and accompanying text.
\item \textsuperscript{32} Greco v United States, 893 P.2d 345, 348 (Nev 1995) (quoting Becker v Schwartz, 386 N.E.2d 807, 812 (N.Y. 1978)).
\end{itemize}
BETTER OFF DEAD THAN DISABLED?

I. Recognition of the Right to Die: From Quinlan to Cruzan to Assisted Suicide

Advances in medical technology have made it possible for people to live longer than ever before. It is now possible for patients to continue living for years even when much of their physical and mental capacity has been irrevocably lost. Some have questioned the "quality" of those lives, however, and beginning in the 1970s, patients and their families began asserting a right to die a natural death without undue dependence on medical technology or unnecessarily protracted agony — in short, a right to 'die with dignity' Courts have recognized this right based on two grounds: (1) the constitutional right to be free from an invasion of one's bodily integrity, including unwanted medical treatment, and (2) a common-law right to refuse medical treatment.

A. The Recognition of the Right to Die

The first courts to recognize a right to die based their rulings on the constitutional right to privacy In In re Quinlan, the New Jersey Supreme Court concluded:

Although the Constitution does not explicitly mention a right of privacy, Supreme Court decisions have recognized that a right of personal privacy exists and that certain areas of privacy are guaranteed under the Constitution.

Presumably this right is broad enough to encompass a patient's decision to decline medical treatment under certain circumstances

A number of courts followed Quinlan and found that the right to die was within the right to privacy under the United States Constitution or the individual state's constitution. After Quinlan, however, most courts have

37 See, e.g., Rasmussen v. Fleming, 741 P.2d 674, 681-82 (Ariz. 1987) (en banc); Bouva v Superior Court, 225 Cal. Rptr. 297, 301 (Ct. App. 1986); Bartling v Superior Court, 209 Cal. Rptr. 220, 225 (Ct. App. 1984); In re Severus, 425 A.2d 156, 158-59 (Del. Ch. 1980); In re A.C., 573 A.2d 1235, 1244-45 (D.C. 1990) (en banc); In re Guardianship of Browning, 543 So. 2d 258, 267 (Fla. Dist. Ct. App. 1989), aff'd, 568 So. 2d 4, 9-12 (Fla. 1990); Superintendent of Belchertown State Sch. v Saikewicz, 370 N.E.2d 417, 424
found a right to die based either solely on informed consent principles or on both the right to informed consent and a constitutional privacy right.\textsuperscript{38}

In \textit{Cruzan}, the Supreme Court noted that it had previously decided that "[n]o right is held more sacred, or is more carefully guarded, by the common law, than the right of every individual to the possession and control of his own person, free from all restraint or interference of others, unless by clear and unquestionable authority of law."\textsuperscript{39} The Court stated that one of the primary means of protecting this notion of bodily integrity is the informed consent doctrine.\textsuperscript{40} Justice (then Judge) Cardozo's famous expression of this doctrine states: "Every human being of adult years and sound mind has a right to determine what shall be done with his own body; and a surgeon who performs an operation without his patient's consent commits an assault, for which he is liable in damages."\textsuperscript{41} The \textit{Cruzan} Court decided that a "logical corollary of the doctrine of informed consent is that the patient generally possesses the right not to consent, that is, to refuse treatment."\textsuperscript{42}

The Supreme Court in \textit{Cruzan}, however, did not rely solely on the common law in recognizing a right to die. The Court noted that "[t]he
principle that a competent person has a constitutionally protected liberty interest in refusing unwanted medical treatment may be inferred from our prior decisions. All nine Justices agreed on the existence of this liberty interest, disagreeing only on how it should be balanced with the State's expressed interests.

43. *Cruzan*, 497 U.S. at 278. Among the prior decisions discussed in the majority opinion were several holding that patients have an interest in refusing to submit to specific medical procedures. *See* Washington v Harper, 494 U.S. 210, 229 (1990) (holding that Washington's procedures for administrating antipsychotic medication to prisoners were sufficient to satisfy due process concerns, but stating that "[t]he forcible injection of medication into a non-consenting person's body represents a substantial interference with that person's liberty"); Jacobson v Massachusetts, 197 U.S. 11, 27-33 (1905) (balancing individual's interest in declining unwanted smallpox vaccine against state's interest in preventing disease).

44. The state's asserted interests in *Cruzan* were "the protection and preservation of human life," *Cruzan*, 497 U.S. at 280, and the safeguarding of personal choice on the decision to refuse life support. *Id.* at 280-81. The interests most commonly asserted by states in right-to-die cases are: (1) preservation of life, (2) prevention of suicide, (3) protection of the interests of innocent third parties, and (4) maintenance of the ethical integrity of the medical profession. *See* MEISEL, supra note 11, §§ 8.15-.18, at 510-29; Hodson, supra note 37, § 7, at 85-91.

The question before the Court in *Cruzan* was whether the Constitution forbids the state from advancing these interests through the establishment of a "clear and convincing" standard of proof when an incompetent patient's surrogate seeks the removal of life-sustaining treatment. *Cruzan*, 497 U.S. at 280. The Court held that the Constitution does not and that the state can establish such a standard. *Id.* at 281-84.

The evidence to which the "clear and convincing" standard is to be applied has been the source of some confusion after *Cruzan*. One court has held that life-sustaining treatment can be withdrawn from an incompetent patient only if there is "[n]othmg less than unequivocal proof" of the patient's prior express wishes regarding the decision to terminate life support. *In re Westchester County Med. Ctr.*, 531 N.E.2d 607, 612 (N.Y 1988). This is defined as "proof sufficient to persuade the trier of fact that the patient held a firm and settled commitment to the termination of life supports under the circumstances like those presented." *Id.* at 613; *see also* *Cruzan* v *Harmon*, 760 S.W.2d 408, 424 (Mo. 1988) (en banc), aff'd, *Cruzan* v Director, Mo. Dep't of Health, 497 U.S. 261 (1990). When defined this way, only a "minority of states requires that there be 'clear and convincing' evidence of the patient's intent to withdraw life support." *In re Fiori*, 673 A.2d 905, 911 (Pa. 1996).

The term "clear and convincing evidence" is more commonly used to describe a burden of proof that focuses on the person's life as a whole and not just their prior statements — or lack thereof — on life-sustaining treatment. This standard requires "the proponent of withholding or withdrawing life support to bear the burden of proving by clear and convincing evidence that the ward's decision would have been to forego life support." Mack v Mack, 618 A.2d 744, 754 (Md. 1993) (emphasis added). When viewed in this way, "the overwhelming majority of cases" utilize the clear and convincing standard. *Id.* For purposes of this Article, it will be assumed that a patient who receives life-sustaining treatment against his wishes has made them known in a way that satisfies the clear and
In her concurrence, Justice O’Connor stated:

I agree that a protected liberty interest in refusing unwanted medical treatment may be inferred from our prior decisions and that the refusal of artificially delivered food and water is encompassed within that liberty interest.

Requiring a competent adult to endure procedures for artificial hydration and nutrition against her will burdens the patient’s liberty, dignity, and freedom to determine the course of her own treatment. Accordingly, the liberty guaranteed by the Due Process Clause must protect, if it protects anything, an individual’s deeply personal decision to reject medical treatment, including the artificial delivery of food and water.45

The right to die has also become firmly entrenched in state statutory law. California became the first state with a "living will" statute when it enacted the Natural Death Act in 1976.46 In the findings and declarations portion of the statute, the California legislature stated:

(a) an adult person has the fundamental right to control the decisions relating to the relevancy of his or her own medical care, including the decision to have life-sustaining treatment withheld or withdrawn in instances of a terminal condition or permanent unconscious condition.
(b) modern medical technology has made possible the artificial prolongation of human life beyond natural limits.
(c) in the interest of protecting individual autonomy, such prolongation of the process of dying for a person with a terminal condition may violate patient dignity and cause unnecessary pain and suffering, while providing nothing medically necessary or beneficial to the person.
(d) In recognition of the dignity and privacy that a person has a right to expect, the Legislature hereby declares that the laws of the State of California shall recognize the right of an adult person to make a written

convincing evidence requirement, no matter how articulated.

45. Cruzan, 497 U.S. at 287, 289 (O'Connor, J., concurring) (citations omitted). Justice Brennan, in a dissent joined by Justices Marshall and Blackmun, rejected the clear and convincing evidence standard as unduly burdensome on patients and their families. Id. at 302 (Brennan, J., dissenting). He stated that Cruzan had "a fundamental right to be free of unwanted artificial nutrition and hydration" Id. Justice Stevens made a similar statement in his dissent. Id. at 343 (Stevens, J., dissenting). Justice Scalia joined the majority, but stated that while he agreed with its analysis he "would have preferred that we announce, clearly and promptly, that the federal courts have no business in this field." Id. at 293 (Scalia, J., concurring). Scalia also asserted that a person has no liberty interest in rejecting artificial nutrition and hydration because doing so is tantamount to committing suicide. Id. at 293-95.

declaration instructing his or her physician to withhold or withdraw life-sustaining treatment in the event of a terminal condition or permanent unconscious condition, in the event that the person is unable to make those decisions for himself or herself.47

Almost every state has now adopted a living will statute that permits competent adults to execute advance directives stating that they do not wish to be kept alive by medical treatment in the latter stages of a terminal illness or if they become permanently and irreversibly unconscious.48 In addition, many states allow patients to delegate decisionmaking power to a surrogate through a durable power of attorney, health care proxy, or similar device, or permit courts to appoint surrogate decisionmakers.49 Federal

47 Id. § 7185.5.


statutory law also favors permitting adult patients to refuse life-sustaining treatment by advance directive, which requires hospitals receiving federal financial support to notify adult patients of their right to execute such instruments upon admission.²⁰

B. Beyond the Right to Die? Assisted Suicide

Two federal appellate courts have recently pointed to Cruzan and the federal and state statutory law and held that recognition of the right to die by courts and legislatures precludes the banning of physician-assisted suicide.⁵¹ The two courts disagreed, however, on whether the right to die necessarily includes a right to physician-assisted suicide.

In Compassion in Dying v Washington, ⁵² the United States Court of Appeals for the Ninth Circuit found a right to physician-assisted suicide in the liberty interest of the Fourteenth Amendment Due Process Clause. ⁵³ The court reviewed the various opinions in Cruzan and concluded:


52. 79 F.3d 790 (9th Cir. 1996).

53. Compassion in Dying, 79 F.3d at 838. The Compassion in Dying court noted that, in upholding the right to abortion in Planned Parenthood v. Casey, the Supreme Court had surveyed its prior decisions and found a liberty interest sufficient to warrant constitutional protection for "personal decisions relating to marriage, procreation, contraception, family relationships, child rearing, and education." Planned Parenthood v Casey, 505 U.S. 833, 851 (1992), quoted in Compassion in Dying, 79 F.3d at 813. The Casey Court stated that:

These matters, involving the most intimate and personal choices a person may make in a lifetime, choices central to personal dignity and autonomy, are central to the liberty protected by the Fourteenth Amendment. At the heart of liberty is the right to define one's own concept of existence, of meaning, of the universe, and of the mystery of human life. Beliefs about these matters could not define the attributes of personhood were they formed under compulsion of the State.

Casey, 505 U.S. at 851, quoted in Compassion in Dying, 79 F.3d at 813 (citations omitted). The Compassion in Dying court found:

Like the decision of whether or not to have an abortion, the decision how and when to die is one of "the most intimate and personal choices a person may make in a lifetime," a choice "central to personal dignity and autonomy." A competent terminally
Cruzan stands for the proposition that there is a due process liberty interest in rejecting unwanted medical treatment, including the provision of food and water by artificial means. Moreover, the Court majority clearly recognized that granting the request to remove the tubes through which Cruzan received artificial nutrition and hydration would lead inexorably to her death. Accordingly, we conclude that Cruzan by recognizing a liberty interest that includes the refusal of artificial provision of life-sustaining food and water, necessarily recognizes a liberty interest in hastening one's own death.54

While acknowledging "that in some respects a recognition of the legitimacy of physician-assisted suicide would constitute an additional step beyond what the courts have previously approved,"55 the court stated that "we see no ethical or constitutionally cognizable difference between a doctor's pulling the plug on a respirator and his prescribing drugs which will permit a terminally ill patient to end his own life."56 Accordingly, the appellate court struck down Washington's statute banning assisted suicide as unconstitutional as applied to competent, terminally ill patients who wish to hasten their deaths with physician-prescribed medication.57

Less than a month later, the United States Court of Appeals for the Second Circuit, in Quill v. Vacco,58 struck down New York's ban on assisted suicide.59 The Quill court, however, rejected the claim that there was a constitutional right to assisted suicide.60 Instead, it found that the New York laws prohibiting assisted suicide violated the Equal Protection Clause.61

The Quill court noted that the Supreme Court has actually or impliedly recognized only a few fundamental liberty interests and has been reluctant to expand this list.62 The Quill court concluded:

ill adult, having lived nearly the full measure of his life, has a strong liberty interest in choosing a dignified and humane death rather than being reduced at the end of his existence to a childlike state of helplessness, diapered, sedated, incontinent. Compassion in Dying, 79 F.3d at 813-14 (citations omitted).

54. Compassion in Dying, 79 F.3d at 815-16 (citations omitted).
55. Id. at 823-24.
56. Id. at 824.
57. Id. at 838.
58. 80 F.3d 716 (2d Cir. 1996).
60. Id. at 724-25.
61. Id. at 727
62. Id. at 724 (citing 2 RONALD D. ROTUNDA & JOHN E. NOWAK, TREATISE ON CONSTITUTIONAL LAW § 15.7, at 434-37 (2d ed. 1992 & Supp. 1996)). Instead of relying on Cruzan and Casey, the Quill court relied on Bowers v. Hardwick, 478 U.S. 186 (1986) — in which the Supreme Court held that there is no fundamental right to engage in consensual
The right to assisted suicide finds no cognizable basis in the Constitution's language or design, even in the very limited cases of those competent persons who, in the final stages of terminal illness, seek the right to hasten death. We therefore decline the plaintiffs' invitation to identify a new fundamental right, in the absence of a clear direction from the Court whose precedents we are bound to follow.

The Second Circuit, nonetheless, found that New York's laws against assisted suicide were unconstitutional on equal protection grounds. The court noted that New York case law and statutory law recognized the right of competent, terminally ill patients to hasten death through withdrawal of life-sustaining treatment upon the proper proof of the desire to do so. Given this, the court stated that:

[I]t seems clear that New York does not treat similarly circumstanced persons alike: those in the final stages of terminal illness who are on life-support systems are allowed to hasten their deaths by directing the removal of such systems; but those who are similarly situated, except for the previous attachment of life-sustaining equipment, are not allowed to hasten death by self-administering prescribed drugs.

homosexual sodomy — to support its conclusion that there is no fundamental right to physician-assisted suicide. The Quill court stated:

As in Bowers, the statutes plaintiffs seek to declare unconstitutional here cannot be said to infringe upon any fundamental right or liberty. As in Bowers, the right contended for here cannot be considered so implicit in our understanding of ordered liberty that neither justice nor liberty would exist if it were sacrificed. Nor can it be said that the right to assisted suicide claimed by plaintiffs is deeply rooted in the nation's traditions and history.

Quill, 80 F.3d at 724.

63. Id. at 724-25.
64. Id. at 727
65. Id. at 727-28 (citing N.Y. PUB. HEALTH LAW §§ 2960-2994 (McKinney 1993 & Supp. 1996); Rivers v. Katz, 495 N.E.2d 337, 341 (N.Y 1986); In re Eichner, 420 N.E.2d 64, 70-71 (N.Y 1981)).
66. Id. at 729. Other courts that have ruled on physician-assisted suicide are split on whether it can be banned. The Supreme Court of Michigan rejected a due process challenge to that state's assisted suicide statute. People v. Kevorkian, 527 N.W.2d 714, 724 (Mich. 1994). The court there stated:

We do not discern in Cruzan and its historic roots an indication that the federal constitution protects a right more expansive than the right to refuse to begin or to continue life-sustaining medical treatment. Neither do we find in Casey or in the precedent from which it evolved an intent to expand the liberty interests identified by the Court in such a manner.

Id. at 725; see also Donaldson v Van de Kamp, 4 Cal. Rptr. 2d 59, 64 (Ct. App. 1992) (finding that patient suffering from growing brain tumor did not have constitutional right to assisted death that would result from premortem cryogenic treatment undertaken to preserve
BETTER OFF DEAD THAN DISABLED?

The constitutionality of states' prohibition of assisted suicide will ultimately be decided by the Supreme Court, which heard arguments in *Quill* and *Compassion in Dying* on January 8, 1997. No matter what the Court decides, however, the mere fact that the effort to extend the right to die has reached the Court only two decades after its initial recognition reflects the widespread public acceptance of the right. Whether based on the right of privacy, the common-law right of informed consent, or on state statutory law, there can be no question that patients today have the ability to refuse life-sustaining treatment. As the next Part discusses, however, health care professionals often misunderstand or resist such refusals.

II. Patient Wishes and Health Care Provider Actions: Patients' Refusal of Life-Sustaining Treatment Is Often Misunderstood or Ignored

The increase of assisted suicide cases and the sheer number of right-to-die cases and statutes is not surprising given the fact that both public

67 See Lyle Deniston, Justices Reluctant to Create a "Right" to Assisted Suicide; Complexity of Issue Seen Best Addressed by State Legislatures, BALT. SUN, Jan. 9, 1997, at 1A.

68 The public acceptance of the right to die is discussed more fully below. See infra at notes 71-74 and accompanying text.

69 There were at least 84 appellate decisions addressing the right to die issued prior
opinion polls and scientific studies show that many people prefer not to be placed on life-support systems. This desire is often misunderstood by health care providers, however, and even if it is understood — and is also memorialized in an advance directive — this desire is often ignored.

A. Patients Prefer to Avoid Life-Sustaining Treatment

A 1993 law review article surveying national opinion polls on end-of-life decisions found that a majority of people did not want to be kept alive if they were on life-support systems or in a coma. The percentage of those saying that they would refuse treatment varied greatly, however, depending on the description of the medical condition described in the poll questions. When the condition was described as one that entailed "no hope of recovering," "a coma with no brain activity," "terminally ill or in irreversible coma," or "a coma with no hope of recovery," between seventy-three percent and eighty-five percent of respondents indicated that they would want treatment stopped or withheld. A significantly smaller number, fifty-one percent, indicated that they would want treatment stopped if it made them "totally dependent on a family member or other person for all of [their] care." Only forty-four percent of the respondents desired continued treatment if they "had a disease with no hope of improvement that made it hard for you to function in your day-to-day activities."

...to the Supreme Court's decision in Cruzan. George J. Annas, The "Right to Die" in America: Sloganeering from Quinlan and Cruzan to Quill and Kevorkian, 34 DUQ. L. REV 875, 882 (1996); see also Cruzan v Harmon, 760 S.W.2d 408, 412 n.4 (Mo. 1988) (en banc) (collecting 54 reported decisions from 1976-88), aff'd, 497 U.S. 261 (1990).


71. Id.

72. Id.

73. Id. at 198.

74. Id. at 198-99. Based on the preferences shown in these polls, Lindgren argues for a change in what he referred to as the "default rule" in end-of-life situations. According to Lindgren, the current default rule calls for physicians "to assume that the patient wants all available treatments to preserve life, unless it can be clearly documented otherwise." Id. at 187 (quoting Jack C. Siebe, The Patient's Choice of Care: Suggested Hospital Policies, in MEDICAL ETHICS: A GUIDE FOR HEALTH PROFESSIONALS 417, 418 (John F Monagle & David C. Thomasma eds., 1988)).

Lindgren argues that this default rule should be changed and that it "ought to be death for at least some important classes of end-of-life situations." Id. at 196. He bases this conclusion on his application of the principles of "the two leading camps in default-rule analysis...the philosophical school that seeks the intent of the parties, and the law and
BETTER OFF DEAD THAN DISABLED?

Unfortunately, very few people complete formal advance directives memorializing their wishes. A United States General Accounting Office report notes that estimates as to the number of individuals completing formal advance directives varies between ten and twenty-five percent (with some estimates as low as five percent) of the adult population.25 A 1993 economics school that seeks sound social policy in the form of wealth or utility maximization." Id. at 196, 197-223.

Lindgren concedes that it is difficult to draw the line when the default rule in medical situations — life — shifts to the default rule of death for end-of-life situations, but he suggests that it can be drawn based on patient preferences as expressed in opinion polls. Id. at 228. Specifically, he identifies eight overlapping situations in which the default rule should be death:

(1) patients on life support who have no hope of recovery;
(2) patients in a coma with no brain activity being kept alive by a feeding tube;
(3) patients who are terminally ill or in irreversible coma, supported by life-support systems, including food and water;
(4) patients with an illness that makes them totally dependent on a family member or other person for all of their care (a situation in which they would not want their doctors "to do everything possible to save" life);
(5) patients with a disease with no hope of improvement suffering a great deal of physical pain;
(6) patients in a coma with no hope of recovery but no pain;
(7) hopelessly ill or comatose patients on life support if their families request the withdrawal of support; and
(8) permanently unconscious patients receiving food and water.

Id.

Lindgren's conclusion is criticized in an accompanying article by the Co-Reporter for the Uniform Healthcare Decisions Act and Chair of the Committee on Healthcare Decisions, ABA Section of Real Property, Probate and Trust Law. David M. English, Comment: Defining the Right to Die, L. & CONTEMPP. PROBS., Summer 1993, at 255. English notes that although poll data may suggest that terminally ill but conscious patients would want treatment terminated, "[t]here is no agreement on what is meant by a 'terminal illness.'" Id. at 258. He also observes that the average time between the onset of a final illness and death is 29 months, and asks:

Is Lindgren suggesting that all treatment be stopped upon the first diagnosis? Perhaps what he intends is that treatment should be terminated if the patient has a "terminal illness" as defined in most living will statutes, which require either that death be "imminent," or that death will occur within a "relatively short time." Both questions raise interpretive questions, however, and would not provide the certainty that Lindgren seeks.

Id. at 258-59 (citations omitted). English concludes, "Lindgren's proposal is attractive because it gives the appearance of being a simple solution. But in this area of the law, there can be no simple solutions." Id. at 259.

75. UNITED STATES GEN. ACCT. OFF., PUB. GAO/HEHS-95-135, PATIENT SELF-DETERMINATION ACT: PROVIDERS OFFER INFORMATION ON ADVANCE DIRECTIVES BUT EFFECTIVENESS UNCERTAIN 8 (1995) [hereinafter USGAO].
study by the Office of the Inspector General of the Department of Health and Human Services found that only eighteen percent of hospital patients had advance directives, although fifty percent of patients in nursing facilities did. That same study reported that only nine percent of patients under age thirty had an advance directive, but thirty-five percent of those over age seventy-five had one.

A recent $28 million study (SUPPORT study) aimed at "improv[ing] end-of-life decisionmaking and reduc[ing] the frequency of a mechanically supported, painful, and prolonged process of dying" confirmed patients' desire to avoid artificial life-sustaining treatment. The study also found, however, that this desire was often either not recognized or not honored. The evidence demonstrated that "nearly half of the 960 phase I patients who indicated a desire for CPR to be withheld did not have a DNR [do-not-resuscitate] order written." Phase I patients who died spent a median of eight days either in an intensive care unit (ICU), receiving mechanical ventilation, or in a comatose state. Additionally, "more than one-third (38%) spent at least 10 days in ICU, and 46% received mechanical ventilation within 3 days of death." After a phase I patient's death, interviews with "surrogates indicated that 50% of all the conscious phase I patients who died in the hospital experienced moderate or severe pain at least half the time during their last three days of life."

76. Id. at 9; see also Martha Terry & Steven Zweig, Prevalence of Advance Directives and Do-Not-Resuscitate Orders in Community Nursing Facilities, 3 ARCHIVES FAM. MED. 141, 141 (1994) (reporting that study of eight rural community nursing facilities found that less than one-third of patients had advance directives).

77 USGAO, supra note 75, at 9.

78. SUPPORT Principal Investigators, A Controlled Trial to Improve Care for Severely Ill Hospitalized Patients: The Study to Understand Prognoses and Preferences for Outcomes.and Risks of Treatments (SUPPORT), 274 JAMA 1591, 1591 (1995).

79. Id. at 1594. The SUPPORT investigation was divided into two phases. Phase I was a perspective observation study that "documented shortcomings in communication, frequency of aggressive treatment, and the characteristics of hospital death." Id. at 1591. Phase II was a cluster randomized, controlled clinical trial aimed at improving communication between physicians, patients, and families. Id. at 1592. The study covered patients who "were in the advanced stages of one or more of nine illnesses: acute respiratory failure, multiple organ system failure with sepsis, multiple organ system failure with malignancy, coma, chronic obstructive lung disease, congestive heart failure, cirrhosis, metastatic colon cancer, and non-small cell lung cancer." Id.

80. Id. at 1594.

81. Id.

82. Id.
B. Physician Resistance to Advance Directives

The results of this study may be due in part to physician resistance to advance directives. A study of physicians in California and Vermont identified three reasons for physician failure to honor patients' advance directives regarding the withholding of treatment: (1) fear of liability; (2) the perception that directives interpose an unnecessary additional control over, and interfere with, the physicians' professional actions; and (3) the

83. An editorial on the SUPPORT project noted that:
Reports of patient preferences from the SUPPORT intervention nurses had little effect on attending physicians. Physicians acknowledged receiving these reports in only 34% of cases. We can only speculate why the intervention failed to improve physicians' appreciation of patients' preferences. Did physicians regard patients' preferences as unimportant? Did physicians believe that they already knew what patients wanted, even though studies show that physicians cannot accurately predict patients' wishes? Did physicians place little value on information communicated by the intervention nurses, compared with information they obtained firsthand?


While the editorial offered no answers to these questions, earlier studies show that both physicians and nurses often inaccurately predict the patient's preference regarding resuscitation. For example, one study shows that eight of twenty-five patients who had been resuscitated had not wanted CPR and did not want it in the future. Only one of the sixteen doctors caring for these patients, however, believed that they did not wish to be resuscitated.

Susanna E. Bedell & Thomas L. Delbanco, Choices about CardioPulmonary Resuscitation in the Hospital, 310 New Eng. J. Med. 1089, 1091 (1984). The study concluded that "physicians are more likely to recognize the preferences of patients who desire resuscitation than preferences of those who do not." Id. at 1092; see also Richard F Uhlmann et al., Understanding of Elderly Patients' Resuscitation Preferences by Physicians and Nurses, 150 W. J. Med. 705, 705 (1989) (reporting that agreement between what patients actually wanted and what health care professionals thought patients wanted for variety of life-sustaining treatments ranged from 59% to 84% for physicians and from 53% to 78% for nurses).

Lo's editorial also noted a more troubling problem:

[Even when physicians knew a patient's preferences, the physicians may have disregarded them as uninformed or not in the patient's best interests. No data are reported on another important issue, the preferences of the patients who died after prolonged periods in the ICU or receiving mechanical ventilation. Did these patients (or their surrogates) understand their prognosis, and did they really want these aggressive interventions started or continued so long?]

Lo, supra, at 1635.

perception that directives implicitly question the physicians' judgment of the patients' best interest." 85

Another recent article reviewing trends in health care decisionmaking shows that physician ambivalence towards advance directives still exists:

The evidence suggests that physicians generally still consider it their responsibility to make treatment decisions that they believe are in the patient's best interest and that patient preferences should be ignored if they are inconsistent with the physician's view of the patient's best interests. In other words, it appears that end-of-life decisions are frequently driven by the physician's values rather than the patient's values. 86

85. Id. at 482. Other studies have also found that fear of liability affects physicians' willingness to follow advance directives which ask that life-sustaining treatment be withheld. See Renee M. Goetzler & Mark A. Moskowitz, Changes in Physician Attitudes Toward Limiting Care of Critically Ill Patients, 151 ARCHIVES INTERNAL MED. 1537, 1538 (1991) (finding that physicians were concerned about malpractice liability in deciding how to treat critically ill patients). This fear exists even though major medical journals have informed doctors that "[n]o person has ever been found liable for withdrawing life-sustaining treatment without court permission." David Orentlicher, The Right to Die After Cruzan, 264 JAMA 2444, 2446 (1990); see also Alan Meisel, Legal Myths About Terminating Life Support, 151 ARCHIVES INTERNAL MED. 1497, 1497-98 (1991); Robert F Weir & Larry Gostin, Decisions to Abate Life-Sustaining Treatment for Nonautonomous Patients, 264 JAMA 1846, 1852 (1990) ("Every court of final decision in every jurisdiction that has addressed the question of physician liability has found physicians participating in the cases to be free from civil or criminal sanctions."). In addition, all state living will and health care proxy statutes confer some sort of immunity from civil or criminal liability or both on health care providers who in good faith comply with a properly executed living will or the instructions of a proxy acting in accordance with the patient's wishes or in the patient's best interest. See, e.g., CAL. HEALTH & SAFETY CODE § 7190.5(b) (West Supp. 1996) (discussing living will); CAL. PROB. CODE § 4750 (West Supp. 1996) (discussing proxy). See generally 2 MEISEL, supra note 11, §§ 11.17, 12.40, at 111-12, 196-97 (citing living will and proxy statutes). Fear of liability, though, is but one reason for physicians to ignore patients' wishes. Zinberg also reports:

One interviewee volunteered that a substantial number of his colleagues dislike directives because they believe directives would curtail doctors' control of treatment. This observation is partially confirmed by the fact that many interviewees strongly opposed the interposition of formal ethics committees. Only three interviewees in each state agreed that other physicians or an ethics committee should be consulted.

Zinberg, supra note 84, at 482-83 (citations omitted).

86. David Orentlicher, The Limitations of Legislation, 53 MD. L. REV 1255, 1281 (1994) (citation omitted) [hereinafter Orentlicher, The Limitations of Legislation]. Orentlicher cited several studies in support of his thesis. Id. at 1281-87. For example, one study concluded that physicians often overrode living wills when they disagreed with the patients'
C. Financial Incentives to Treat?

It is not surprising then that a newspaper article on the SUPPORT study stated that the study "calls into question a central tenet of the 25-year-old right-to-die movement: that if patients express their wishes about end-of-life care in advance through such documents as living wills, doctors will abide by them." The article quoted Joanne Lynn, the director of the choices, including providing undesired treatment when they felt that the treatment was appropriate.  

The existence of physician resistance to living wills has also been a source of concern for the nurses who work with them. Two nursing journals have discussed nurses' responsibilities when physicians fail to honor patient wishes. Barbara Springer Edwards, When a Living Will Is Ignored, AM. J. NURSING, July 1994, at 64; Cindy Hylton Rushton, What Can a Nurse Do When the Patient Has an Advance Directive and the Physician Disregards It?, CRITCAL CARE NURSE, Feb. 1993, at 61.

Other studies have found that advance directives are often ignored because they never make it into the patient's hospital charts. One study investigating the accessibility of previously executed advance directives by 114 geriatric patients found that out of a total of 180 hospital admissions over a three-year period, documentation of the advance directive appeared in only 47 (26%) of the charts. R. Sean Morrison et al., The Inaccessibility of Advance Directives on Transfer from Ambulatory to Acute Care Settings, 274 JAMA 478, 479-80 (1995). Only 29 of those charts contained an actual copy of the advance directive.  

The study also found that in 39 of 53 (74%) admissions in which patients did not have decisional capacity, the advance directive was not recognized nor was there written documentation of any attempt to discern if such a directive had been previously executed.  

The study quoted Dr. William Knaus, one of the researchers who directed the study, made a similar statement to the New York Times: "People think advance directives are solving the problem. We have very good information that they aren't, that nothing has
Center to Improve Care of the Dying at George Washington University Medical Center and a coleader of the SUPPORT study Lynn stated that one of the problems with the current system is that "it does not hold itself accountable for badly handled deaths. 'If I, as a doctor, do it badly, nothing comes down on me. I get paid well. The family is left behind in grief and goes away. The patient's suffering counts for nothing.'"

The existence of financial incentives to continue treatment for a patient on life-support systems was addressed by both the majority and the dissent in Grace Plaza of Great Neck, Inc. v Elbaum. Grace Plaza, a long-term care facility, admitted Jean Elbaum on September 19, 1986 following hospital treatment for a stroke. When Grace Plaza admitted Elbaum, she received nutrition through a gastrostomy tube and was in a persistent vegetative state. In October 1987, Elbaum's husband sent a letter to Grace Plaza stating that "it was his wife's wish that she be allowed to die naturally changed — the amount of pain at the end of life, the number of people dying alone attached to machines." Susan Gilbert, Study Finds Doctors Refuse Patients' Requests on Death, N.Y TIMES, Nov 22, 1995, at A1.

Legal commentators have also remarked on the potential problems caused by the current system, which favors treatment over nontreatment. See, e.g., Orentlicher, The Limitations of Legislation, supra note 86, at 1275-76. Orentlicher stated:

Physicians are not inherently unwilling to take the time needed for sufficient discussion [of end-of-life decisions]. However, under current [insurance] policies, they do not receive any compensation for the time spent. Health insurance policies consider such discussions either nonreimbursable, or reimbursable at very low rates. Unless physicians are compensated for their time discussing end-of-life decisions, they will continue to allocate their time to activities that generate higher compensation.

Id., see Addlestone, supra note 17, at 1263. Addlestone states:

The potential moral hazard facing health care providers if they are not held accountable for failing to comply with patient wishes should affect the balance between physician and patient autonomy. If not subject to liability, hospitals or other providers may prolong patient care, consciously or unconsciously, to generate increased revenues.

Id.


should she fall into an 'irreversible vegetative state' and instructed Grace Plaza to remove Mrs. Elbaum's feeding tube. Grace Plaza responded to Mr. Elbaum by noting the absence of a clear indication of Mrs. Elbaum's wishes regarding removal of her feeding tube. Grace Plaza also stated that "its own ethical standards would prohibit it from withdrawing life-saving medical treatment from one of its patients" and encouraged Mr. Elbaum to transfer his wife to another nursing home if he wanted her feeding tube removed.

Mr. Elbaum refused to pay for any further treatment, and Grace Plaza sued to recover payments for services rendered to his wife after October 1987. Mr. Elbaum then sued Grace Plaza to remove Mrs. Elbaum's feeding tube. The trial court initially held that there was insufficient evidence that Mrs. Elbaum wanted the feeding tube removed, but an appellate court

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92. Id.
93. Id.
95. Id.
96. Id. In a letter to Mr. Elbaum dated February 16, 1988, Grace Plaza's administrator wrote:

> At this time, we have not been provided with clear indication of the patient's wishes at a time when she was competent. However, please be aware that even if irrefutable evidence of the patient's wishes were forthcoming, Grace Plaza is not willing to undertake removal of the gastrostomy tube, and we believe that we have the right under New York State law to refuse to do so. The goal of this facility is to preserve life, and we will not willingly take actions inconsistent with this position.

> [W]e have attempted to find another facility which would accommodate you, but we have been unsuccessful. However, we remain willing to assist you with Mrs. Elbaum's transfer to any facility you name, or to your home where Mrs. Elbaum's needs can be met by appropriate home care.

> In the interim, and for the duration of her stay here, we expect payment as per the admissions contract. At this point, you are in arrears for the months of November, 1987 through February, 1988. If payment in the amount of $18,576 is not received within 10 days of receipt of this letter, we will be forced to initiate actions for recovery of these funds, and delivery of the patient to your care. You may be aware that New York State regulation sanctions the discharge of a patient for non-payment.

Id. at 863 (Rosenblatt, J., dissenting).

97 Id. at 855. The record did not reveal any effort on Mr. Elbaum's part to locate an alternative nursing home, and Grace Plaza's efforts were unsuccessful because other facilities "would not admit the patient for the purpose of removing the tube." Id.

99. Id. at 845.
reversed and ordered Grace Plaza either to transfer Mrs. Elbaum to a nursing home that would enforce her wishes or to enforce them itself.\textsuperscript{100} Following this decision, Mrs. Elbaum was discharged from Grace Plaza and died shortly thereafter.\textsuperscript{101}

Grace Plaza's payment action continued after her death, and Mr. Elbaum argued that he rightfully refused to pay because the nursing home should have stopped the treatment as soon as he told them that his wife would not have wanted artificial nutrition and hydration.\textsuperscript{102} He further argued that continuing to furnish the nutrition and hydration constituted a battery against his wife.\textsuperscript{103} The appellate division disagreed:

The rule which prevents physicians from recovering payment for medical services which are not desired should not be applied in a case where, because the patient is comatose, her desires cannot be known, but can only be deduced, with a greater or lesser degree of certainty, from evidence of her past conduct and past statements.\textsuperscript{104}

More specifically, the court held that:

[U]nder the law as it stood at the time this case arose, [Grace Plaza] committed no legal wrong, incurred no legal liability, and forfeited no legal right, when, in the absence of judicial guidance, it continued to provide life-saving medical treatment to a comatose patient over the objections of the patient's conservator.\textsuperscript{105}

Prior to reaching this holding, the court addressed the moral hazard argument:

It is asserted that, in light of our decision today, all health care providers in charge of competent patients will have an additional financial incentive to prolong the lives of such patients over the objections of the patients' families. This may be true, and the potential evil which we see is that some beleaguered families may, regrettably, be forced to litigation. What is not noted is that, if Mr. Elbaum's conduct in this case were condoned, health care providers would have an additional financial incentive to obey, without question, the orders of those conservators who might prematurely despair of their conservatee's recovery, or the orders of those conservators whose judgment might be tainted by motives less altruistic than Mr. Elbaum's. The potential evil we see

\textsuperscript{100} Id. at 848.
\textsuperscript{101} Elbaum, 623 N.E.2d at 514 n.*
\textsuperscript{102} Elbaum, 588 N.Y.S.2d at 856.
\textsuperscript{103} Id.
\textsuperscript{104} Id. (citations omitted).
\textsuperscript{105} Id. at 860.
resulting from this, i.e., the possible death of one patient whose life might have been saved, is infinitely greater, in our view 106

Judge Rosenblatt, in dissent, strongly disagreed with this statement. He stated that the court’s ruling "allow[ed] a nursing home to profit financially, while ignoring a patient’s wishes, as it imposes its own ethical standards upon her." 107

106. Id.
107 Id. at 861 (Rosenblatt, J., dissenting). Judge Rosenblatt further noted that the court had previously held that Grace Plaza had "ignored Mr. Elbaum’s demands while simultaneously insisting upon payment for their undesired services."  Id. at 862 (Rosenblatt, J., dissenting) (quoting Elbaum v. Grace Plaza of Great Neck, Inc., 544 N.Y.S.2d 840, 847 (App. Div 1989)). New York’s high court avoided directly addressing the moral hazard question in affirming the appellate division. It noted that it had previously required the families of patients unable to express their wishes concerning continuing care to establish by clear and convincing evidence that the patient had previously expressed a clear and settled wish that care not be continued. See Elbaum, 623 N.E.2d at 515 (citing In re Westchester County Med. Ctr. (O’Connor), 531 N.E.2d 607, 613 (N.Y. 1988)). The court stated: "If a provider harbors some uncertainty on the matter, it acts within the dictates of O’Connor if it refuses to discontinue treatment until the issue is legally determined. By doing so, it does not breach a contract of care nor impair its right to be paid for services rendered." Id. (citations omitted). The court concluded:

If the provider refuses to act, we find nothing unfair in placing the burden of instituting legal proceedings on those seeking to discontinue treatment. Though the provider has a legal duty to adhere to the known wishes of a patient, a desire to terminate life support does not stand on the same legal footing as a patient’s request for a routine change in treatment.

O’Connor instructs decision-makers to "err on the side of life" and makes clear that the burden of establishing an incompetent patient’s desire to die rests squarely with those who are asserting that desire.

Id. at 515-16 (citing In re Westchester County Med. Ctr. (O’Connor), 531 N.E.2d 607, 613 (N.Y 1988)).

Two other appellate courts have also allowed nursing homes to recover for unwanted treatment, at least during the time it takes to obtain judicial permission to terminate life-sustaining treatment. See First Healthcare Corp. v Rettinger, 467 S.E.2d 243, 244 (N.C. 1996) (per curam), rev’g 456 S.E.2d 347 (N.C. App. 1995); Leach v Shapiro, 469 N.E.2d 1047, 1053-55 (Ohio Ct. App. 1984).

One commentator writing after the appellate division’s ruling in Elbaum was critical of this approach. See Gasner, supra note 17, at 514. Gasner noted:

Permitting payment for unwanted treatment provides a serious disincentive to honor patient choice. Families are often reluctant to initiate court cases because of the emotional and financial burden. If the provider is allowed to treat now, and decide later whether it was appropriate, and get paid in the interim, there is little incentive to expedite the court proceedings. There is every incentive to delay taking the requests of the family seriously because stalling financially benefits the provider.
III. Wrongful Living, Wrongful Life: Can Plaintiffs with Disabilities Recover Damages When They Argue That They Would Be Better Off Dead?

The lack of accountability for failure to honor advance directives has led some commentators to call for the imposition of civil liability when a health care provider violates a patient's wish either to end or never to begin life-sustaining treatment. One writer suggested that a "successful suit of this type might be more effective than legislation in encouraging physicians to take 'living wills' seriously."109

Id. at 514 (citations omitted).

Gasner further argued:

As a matter of law, it makes sense that once the family withholds consent to treatment, the provider must go to court to receive permission to continue that treatment. In a judicial hearing, the court can determine whether there is legally sufficient evidence that the patient would not consent to the treatment. If the evidence supports the surrogate decisionmaker's directions, then the treatment never gets started. The patient dies according to her wishes and there is no problem of nonpayment. In contrast, if the evidence is insufficient, the facility will get legal permission to treat, and payment will be required thereafter.

Such a system guarantees that the provider will only go to court for those cases in which there is serious reason to question the sufficiency of the evidence. Few families will want to be hauled into court if they cannot prove that they are acting consistently with the patient's wishes. Most families will consent to the treatment before subjecting themselves to a court hearing and incurring legal fees.

Id. at 513-14 (citations omitted).


109. George J. Annas, Reconciling Quinlan and Saikewicz: Decision Making for the Terminally Ill Incompetent, 4 AM. J. L. & MED. 367, 386 n.48 (1979), quoted in Dooling, supra note 108, at 898. A few living will statutes do expressly provide the basis for a civil cause of action, but either limit the damages available or require that the health care provider's refusal to follow the advance directive be in bad faith. See ALASKA STAT. § 18.12.070(a) (Michie 1994) (allowing "civil penalty not to exceed $1,000 plus the actual costs associated with the failure to comply with the order or declaration, and thus shall be the exclusive remedy at law"); NEB. REV STAT. ANN. § 20-402(1) (Michie 1995) ("Unjustifiable violation of a patient's direction shall be a civil cause of action maintainable by the patient or the patient's next of kin. Remedy in law and equity may be granted by a court of competent jurisdiction."); TENN. CODE ANN. § 32-11-108(a) (Supp. 1996) ("Any health care provider who fails to make good faith reasonable efforts to comply with the preceding procedure as prescribed by the
To date, in the majority of suits seeking damages for the unauthorized provision of life-sustaining treatment, plaintiffs have relied on traditional common-law torts such as battery and infliction of emotional distress or on a constitutional tort under 42 U.S.C. § 1983. There has also been a call, however, for the recognition of a new tort: wrongful living.

A. Wrongful Living: Interference with the Right to Die

1. Wrongful Living Defined

A wrongful living cause of action was first proposed in a law review article published a decade after the recognition of the right to die in Quinlan and in California's Natural Death Act. Oddi argued that:...
Once it has been established that a person has the right to die, medical personnel who might otherwise be under a duty to act on behalf of that person are not only relieved of that duty but also restrained by a diametrically opposite duty not to interfere with that person’s right to die. Either intentional or negligent interference with the right to die would constitute a breach of that duty.  

Oddi first discussed possible actions based on such a breach under traditional tort concepts:

If the treatment was intentional and with knowledge that the person asserting the right to die had withheld consent, the tort of battery would obviously lie. Absent an intent to override the patient’s wishes, there is also the possibility that one could negligently breach a duty not to treat where the party providing the treatment should have known of the patient’s refusal to be treated.  

Oddi continued, however, to identify a new tort:

Whether the interfering treatment is conducted with or without due care is irrelevant, except insofar as such treatment prolongs the life of the individual contrary to the right to die. If the interfering treatment is made and the patient lives, then interference with the right to die involves compensation for living. This is a "wrongful living" cause of action.

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112. Id., see also Anderson v. St. Francis-St. George Hosp., 671 N.E.2d 225, 227 (Ohio 1996) ("[I]n a ‘wrongful living’ action, the plaintiff is asserting a liberty interest in refusing unwanted medical treatment. It is the denial of this liberty interest, when the medical professional either negligently or intentionally disregards the express wishes of a patient, that gives rise to the wrongful living cause of action.").

113. Oddi, supra note 18, at 636.

114. Id. at 641 (emphasis added) (citations omitted). Oddi argued that this tort is a personal one and may be redressed by the person whose right to die is interfered with or, if they die, by their representative on a survival basis. Id. at 642. He later stated:

In a personal or survival action, the loss to the patient asserting the right to die is the prolongation of life. Expressed in terms of causation, the question becomes: But for interference with the right to die, that is, the rendering of treatment, was the life of the patient prolonged? Whether the treatment was rendered in a negligent or skillful manner is irrelevant, except with regard to how that reflects on the damages issue. Thus, the measure of damages should be reflected in how long the life was prolonged after the time when death would be expected to occur had no treatment been rendered.

Id. at 661 (emphasis added); see also Anderson, 671 N.E.2d at 227 The Anderson court noted:

For purposes of a "wrongful living" cause of action, the event or loss for which the plaintiff seeks damages is neither death nor life but the prolongation of life. Thus, once it is established that but for the conduct of the medical professional, death would have resulted, the causation element for a "wrongful living" claim is satisfied.

Id. (emphasis added).
In his article, Oddi declared that *Estate of Leach v Shapiro* could be categorized as an action for wrongful living. On July 27, 1980, Akron General Medical Center admitted Edna Marie Leach, who was suffering from respiratory distress. She later went into cardio-pulmonary arrest, and the medical center resuscitated her. Leach was in a chronic vegetative state following her resuscitation, and on August 1, 1980, the medical center placed Leach on life-support systems. On October 21, 1980, Leach’s husband, as her guardian, filed a petition asking to terminate the life support. The order to terminate life-support was issued on December 18, 1980. On January 6, 1981, the medical center disconnected the respirator, and Leach died.

On July 9, 1982, Leach’s estate and members of her family filed an action seeking damages for the time Leach was on life-support systems. The plaintiffs alleged that the defendants had acted wrongfully in placing her on life support and continuing treatment contrary to the express wishes of Leach and her family. The plaintiffs claimed that Leach was in a chronic vegetative state when the medical center first placed her on life support on August 1, 1980, that Leach had expressly advised the defendants that she did not wish to be kept alive by machines, and that the medical center performed this treatment without her consent or that of her family.

Citing *Lacey v Laird*, the *Leach* court concluded that "a physician who treats a patient without consent commits a battery, even though the procedure is harmless or beneficial." The court then went on to state:

While the patient’s right to refuse treatment is qualified because it may be overborne by competing state interests, we believe that, absent legislation to the contrary, the patient’s right to refuse treatment is absolute until the quality of the competing interests is weighed in a court proceeding. We

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118. *Id.* at 1052.
119. *Id*.
120. *Id.* at 1051.
122. *Estate of Leach*, 469 N.E.2d at 1051.
123. *Id.* at 1051.
124. *Id.* at 1051-52.
125. *Id.* at 1052.
126. 139 N.E.2d 25 (Ohio 1956).
127 *Estate of Leach*, 469 N.E.2d at 1051 (citing *Lacey v. Laird*, 139 N.E.2d 25, 28 (Ohio 1956)).
perceive this right as the logical extension of the consent requirement and conclude that a patient may recover for battery if his refusal is ignored.\textsuperscript{128}

The court recognized that "doctors must be free to exercise their best medical judgment in treating a life-threatening emergency,"\textsuperscript{129} but stated that "[c]arried to its extreme the doctrine of implied consent could effectively nullify those privacy rights recognized in In re Quinlan, Eichner; Saikewicz; and Leach since a physician could circumvent the express wishes of a terminal patient by waiting to act until the patient was comatose and critical."\textsuperscript{130} The court decided that the merits of the plaintiffs' claims depended upon facts to be developed in the case, including the existence and nature of any consent or refusal of treatment; the nature of the treatments before August 1, 1980; Leach's condition on that date; and the nature of the treatment on and after August 1, 1980.\textsuperscript{131} Given these factual questions, the court ruled that the trial court had erred in dismissing the battery complaint.\textsuperscript{132} The court also ruled that there were factual questions regarding the plaintiffs' efforts to recover for pain, suffering, and mental anguish for Leach and for themselves.\textsuperscript{133} The court found the plaintiffs' claims valid to the extent that they could prove that the failure to remove Leach from life support caused pain and suffering beyond that which Leach normally would have suffered from her condition.\textsuperscript{134}

Oddi argued that Leach could be categorized as an action for wrongful living because:

\[\text{But for the unauthorized treatment of Mrs. Leach on the life-support system, she would have died naturally} \quad \text{The unauthorized treatment resulted in the prolongation of the life of a patient who had the right to die naturally without unauthorized treatment. Damages are thus appropriate on a survival basis for the time period that the patient survived due to the interfering treatment.}\textsuperscript{135}

\textsuperscript{128} Id. at 1051-52 (emphasis added).
\textsuperscript{129} Id. at 1053 (citations omitted).
\textsuperscript{130} Id. (citations omitted).
\textsuperscript{131} Id.
\textsuperscript{132} Id. at 1054.
\textsuperscript{133} Id. at 1055.
\textsuperscript{134} Id.
\textsuperscript{135} Oddi, supra note 18, at 648 (emphasis added). Oddi also cited the case of Holmes v. Silver Cross Hospital, 340 F Supp. 125 (N.D. Ill. 1972), as being representative of a wrongful living case. Oddi, supra note 18, at 645-47 The action before the Holmes court, however, did not seek compensation for living following unauthorized life-sustaining treatment. Indeed, the patient died despite the unauthorized treatment. Holmes v. Silver Cross Hosp., 340 F Supp. 125, 128 (N.D. Ill. 1972). Instead, the question was whether doctors and a
2. Wrongful Living Cases

a. Anderson v St. Francis-St. George Hospital

An Ohio appellate court citing Leach and Oddi, however, has twice rejected the wrongful living cause of action, in decisions subsequently ap-

hospital had violated a patient's First Amendment right to free exercise of religion by forcing him to undergo blood transfusions even though they knew it was against his religious principles. *Id.*

In *Holmes*, a 20-year-old man was admitted to a hospital following an accident. *Id.* at 128. While still fully conscious and competent, he told the doctors that his religious beliefs precluded him from receiving blood transfusions. *Id.* The doctors then unsuccessfully attempted to persuade other members of his family that a transfusion was medically necessary. *Id.* All of his relatives also refused to authorize the transfusions on religious grounds, and both Holmes and his wife signed a form releasing the hospital and doctors from liability if they were to perform surgery without any transfusions. *Id.*

When Holmes lost consciousness, however, the hospital petitioned a court to declare him incompetent as a minor and to appoint a conservator who would consent to the transfusions. *Id.* The court granted this request, and the conservator authorized the transfusions. *Id.* Holmes died despite the transfusions; there was no claim that his death was in any way caused by them, however. *Id.*

Holmes's widow brought an action against the doctors and the hospital under the Civil Rights Act of 1871, 42 U.S.C. § 1983, charging that the defendants violated Holmes's civil rights by treating him in a manner inconsistent with his religious beliefs while acting under color of state law. *Id.* at 127-28. The court noted that this issue had not been definitely settled by the Supreme Court or the Seventh Circuit and reviewed decisions from other courts on the issue, as well as the Supreme Court's decisions relating to the Free Exercise Clause. *Id.* It concluded that "a state-appointed conservator's ordering of medical treatment for a person in violation of his religious beliefs, no matter how well intentioned the conservator may be, violates the First Amendment's freedom of exercise clause in the absence of some substantial state interests." *Id.* at 130. Given the lack of evidence on such a state interest in the case before it, the court denied the defendants' motion to dismiss. *Id.*

The *Holmes* court also denied the defendants' motion to dismiss based on a lack of state action. *Id.* Noting that the hospital was subject to pervasive state regulations concerning its operations, the court found that its actions were under color of state law for purposes of § 1983. *Id.* at 132-33. It further found that a factual question remained concerning whether the doctors were acting as agents of the hospital and could, therefore, also be held liable under § 1983. *Id.* at 134-35.

At least one court, however, has rejected a § 1983 claim for disregarding a patient's refusal of treatment based on a lack of state action. See *Ross v. Hilltop Rehabilitation Hosp.*, 676 F Supp. 1528, 1530 (D. Colo. 1987). The *Ross* decision is in line with the majority of case law on whether a private hospital can be deemed a state actor. One commentator noted that "courts have consistently held that the actions of a private hospital do not constitute state action unless the state is significantly involved with specific hospital activity that is the subject of the plaintiff's complaint." Sidney Summers, Note, *Medical Staff Credentialing: Physician Challenges to Board Certification Criteria*, 18 AM. J. TRIAL ADVOC. 673, 686 (1995). Summers provides a brief listing of case law in the area. See *id.* at 886-87 For a more comprehensive look at case law on whether a hospital can be held a state actor, see Annotation, *Action of Private Hospital as State Action Under 42 U.S.C. § 1983 or Fourteenth Amendment*, 42 A.L.R. FED. 463 (1979 & Supp. 1995).
proved by the Ohio Supreme Court.\textsuperscript{136} In \textit{Anderson}, the administrator of Edward H. Winter's estate sued St. Francis-St. George Hospital (SFSG), claiming that SFSG was liable for resuscitating Winter despite the presence of a do-not-resuscitate order.\textsuperscript{137}

On May 25, 1988, SFSG admitted Winter, who complained of chest pains and fainted after losing consciousness at a senior citizens' center.\textsuperscript{138} Winter, eighty-two years old, had suffered two previous heart attacks and endured chronic heart disease and other health problems.\textsuperscript{139} While in the hospital, Winter discussed the type of treatment he was to receive with his family doctor, George Russo. Winter was competent and alert during this conversation, and Dr. Russo understood Winter to mean that "he wanted no extraordinary life-saving measures in the event of further illness."\textsuperscript{140} In addition, Winter's daughter told Dr. Russo of a conversation with her father concerning life-saving measures that had been performed on Winter's wife and resulted in "great misery and suffering for the remainder of her life."\textsuperscript{141} During Mrs. Winter's hospital stay, her heart was shocked and her chest beaten while in intensive care, and Winter's daughter told Dr. Russo that Winter was very upset about these actions. Winter subsequently told his daughter "never to let anybody do that to him."\textsuperscript{142} As a result of this discussion, Dr. Russo entered an instruction in the hospital record: "No Code Blue."\textsuperscript{143}

On May 28, 1988, Winter suffered a ventricular fibrillation, a type of irregular heartbeat that may be quickly fatal.\textsuperscript{144} A nurse, apparently unaware of the no-code-blue order, resuscitated Winter using defibrilla-

\begin{itemize}

\item \textsuperscript{137} Id.

\item \textsuperscript{138} Id.

\item \textsuperscript{139} Id.

\item \textsuperscript{140} Id.

\item \textsuperscript{141} Id.

\item \textsuperscript{142} Id. at *5 n.1.

\item \textsuperscript{143} Anderson, 614 N.E.2d at 843. Dr. Russo defined a "no code blue" order in his deposition testimony:

\begin{quote}
Well, in my mind, a no code blue order is an organized process of resuscitating a patient and anything that would initiate that or any procedure that would be, that would occur during that process would be a resuscitative procedure, whether you whap them on the chest or whether you give medicine or whether you give an IV
\end{quote}

\item \textsuperscript{144} Anderson, 614 N.E.2d at 843.
\end{itemize}
tion — electrically shocking the heart with paddles. Winter thanked the nurse for saving his life when he regained consciousness. Dr. Russo ordered lidocaine to be readministered to treat Winter and to prevent further attacks. Another episode two hours later ended spontaneously due to the lidocaine. On May 29, Dr. Russo discontinued the lidocaine and the heart monitor. The following day, Winter had a stroke which left him paralyzed on the right side. On June 16, 1988, SFSG transferred Winter to a rehabilitation hospital. At that time, Winter "was unable to walk, was incontinent of urine, had difficulty speaking, and needed assistance in bathing and dressing." After a four-week stay in a rehabilitation hospital, Winter returned to his home where, for a two-month period, a nurse cared for him during the day and one of his daughters cared for him in the evening. He later moved into one of his daughter’s homes so that she could care for him. On April 19, 1989, he moved into a nursing home where he enjoyed numerous visits and outings with his family before he died on April 14, 1990.

Winter’s estate brought an action against SFSG alleging that the nurse’s resuscitation was a battery to Winter, that the nurse was negligent by resuscitating Winter contrary to Dr. Russo’s orders, and that SFSG was liable for Winter’s wrongful living. The trial court granted SFSG’s motion for summary judgment on all counts. The appellate court reversed on the battery claim, finding that there were disputed questions of fact regarding whether Winter’s instructions had specifically precluded defibrillation. The court found that if the instructions did preclude defibrillation then SFSG’s treatment constituted a battery. Moreover, if SFSG committed a battery, then there was a genuine

145. Id.
146. Anderson, 671 N.E.2d at 226.
147 Id.
148. Id.
149. Id.
151. Id.
152. Id.
153. Id.
156. Id.
157 Id. at 844.
158. Id.
issue of material fact regarding whether Winter's alleged damages after the defibrillation — including a paralyzing stroke as well as pain, suffering, emotional distress and disability, and medical expenses — were proximately caused by the original wrongful act. 159

The appellate court, however, affirmed the trial court's summary judgment on the wrongful living claim. 160 Winter's estate had argued that when SFSG prolonged his life by the defibrillation, his life "was for him, not worth living."161 The court relied on Leach and two cases allowing wrongful pregnancy actions to support the wrongful living claim. 162 The appellate court found these cases unpersuasive and stated that in the wrongful pregnancy cases the Ohio Supreme Court had "noted with disapproval the wrongful life cause of action for children of negligently sterilized mothers, which measures 'damages on the relative merits of being versus non-being.'"163 The Ohio Supreme Court had also "referred to the joy of life as an 'intangible benefit' that [could] not be valued monetarily."164 The Anderson court decided that: "Damages are not those things that add to life, but those that subtract from it."165

The court also rejected the estate's analogy to Leach. Noting that although Leach held that the plaintiff had a cause of action for the nonconsensual medical treatment, the court stated that "[t]here was no need to coin a cause of action for the wrongful act. The court held that a 'physi-

159. Id. at 845.
160. Id. at 847
161. Id.
162. Id. at 846; see Johnson v. University, 540 N.E.2d 1370, 1378 (Ohio 1989); Bowman v. Davis, 356 N.E.2d 496, 499 (Ohio 1976). A wrongful pregnancy claim (also known as wrongful conception) is brought by parents alleging negligent performance of a sterilization procedure or abortion and the subsequent birth of a child. BLACK'S LAW DICTIONARY 1612 (6th ed. 1990). In Bowman and Johnson, doctors had attempted to sterilize women and eliminate future pregnancies. Johnson, 540 N.E.2d at 1370-71; Bowman, 356 N.E.2d at 497. In both cases, the physicians negligently performed the operations, and the patients became pregnant. Anderson, 614 N.E.2d at 846.
163. Anderson, 614 N.E.2d at 845 (quoting Bowman, 356 N.E.2d at 499). A wrongful life claim is a "type of medical malpractice claim brought on behalf of a child born with birth defects, alleging the child would not have been born but for negligent advice to, or treatment of the parents." BLACK'S LAW DICTIONARY 1613 (6th ed. 1990). For a more complete discussion of how wrongful life claims relate to ones for wrongful pregnancy and the damages allowable therein, see infra notes 234-40 and accompanying text.
165. Anderson, 614 N.E.2d at 846. The court listed as examples of compensable damages wrongful death, unlawful shortening of a person's life, general physical injuries, loss of use of a limb, and emotional harm caused by another's negligence. Id.
cian who treats a patient without consent commits a battery. Under *Leach*, therefore, there is no wrongful-living cause of action." The *Anderson* court concluded: "]The estate's] attempt to create a wrongful-living cause of action fails because life is not a compensable harm. On appeal after remand, the appellate court clarified what it meant in holding that wrongful living is not a compensable harm: "By that we mean that he cannot recover general damages just for finding himself still alive after unwanted resuscitative measures."168

The Ohio Supreme Court agreed with this conclusion.169 It stated: "In its simplest form, the question [presented by a wrongful living claim] becomes: Is 'continued living' a compensable injury?" The court concluded that it is not; even if the plaintiff could show a breach of a duty and the resulting prolongation of life.170

The court's decision focused on the difficulty of determining damages for the harm of prolongation of life, stating that "[t]here is perhaps no issue that better demonstrates the outer bounds of liability in the American civil justice system than this issue."171 It noted that it had previously recognized

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166. *Id.* (citations omitted).
167. *Id.* (emphasis added).
168. *Anderson*, 1995 WL 109128, at *3. The court made clear, however, that this did not mean that Winter was precluded from all damages. The court noted that it had previously held that Winter's estate stated a claim for battery and negligence:

To be more precise, Edward Winter gave express directives for his medical care which were ignored, either negligently or intentionally. His right to refuse treatment was expressly violated. [Winter's estate's] claim for damages must be examined in light of the increasingly important public policy issues involved here, namely the right to refuse treatment, either by speaking for oneself or through someone else, if unable to do so. We thus hold that the issue in this case is what compensable damages arise from the violation of a competent adult patient's right to refuse treatment.

*Id.*

The court then specified the allowable damages:

If the jury determines that adverse consequences to Winter's health occurred in a natural and continuous sequence following the unwanted resuscitative effort, then Winter's estate may recover all damages related thereto, including all of Winter's medical expenses after May 28, 1988, until his death, the costs of the nursing home, and any extraordinary expenses related to Winter's care; and his pain, suffering and emotional distress related to having a stroke. On the other hand, if the jury concludes that there is no causal relationship between the unwanted resuscitative efforts and Winter's adverse health consequences, there will be no recoverable damages for Winter's estate.

*Id.* at *5.

169. *Anderson*, 671 N.E.2d at 228-29
170. *Id.* at 227
171. *Id.* at 228-29.
172. *Id.* at 228.
the "'impossibility of a jury placing a price' on the benefit of life" and concluded: "There are some mistakes, indeed even breaches of duty or technical assaults, that people make in this life that affect the lives of others for which there simply should be no monetary compensation." 174

b. McGuinness v Barnes

A per curiam appellate decision, *McGuinness v Barnes*, 175 also rejected a wrongful living claim, although in dicta it left open the possibility of future recognition of the action. 176 Richard McGuinness is a former Newark, New Jersey detective who suffered brain damage during surgery to remove a brain

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173. *Id.* (citation omitted).

174. *Id.* (citing *Heiner v. Moretuzzo*, 652 N.E.2d 664, 670 (Ohio 1995) (*Heiner* affirmed "that 'not every wrong is deserving of a legal remedy.'")), *Id.* at 228-29. The court did allow Winter's estate to proceed with the negligence and battery claims. *Id.* at 228-29. However, it reversed the appellate court's decision to allow recovery for all foreseeable consequences of the treatment, including pain, suffering, and emotional distress beyond that which Winter would have suffered had he not been resuscitated. *Id.* It stated that the appellate court's "theory of recovery seems to be identical to the theory of recovery underlying a claim of 'wrongful living.'" Both the law of the case and our holding here make this theory untenable, and damages, if any, must be based strictly on the theory of negligence or battery." *Id.* at 228. The court then noted, however, that a plaintiff is entitled to only nominal damages when a battery was physically harmless. *Id.* at 229 (citing *Lacey v Laird*, 139 N.E.2d 25, 25 (Ohio 1956)). The court found that Winter suffered no harm due to defibrillation, "i.e., no tissue burns or broken bones." *Id.* Winter's estate conceded that it was not seeking nominal damages. *Id.* Accordingly, the court concluded that there was no issue for the trial court to decide upon remand and entered judgment for SFSG. *Id.*

A concurring opinion suggested that the type of case before the court "should be denominated 'furthering life' rather than 'wrongful living.'" *Id.* at 229 (Douglas, J., concurring). That opinion then asked:

Applying the positive connotation to an act which continues life, where death would have occurred without intervention, what damage could possibly ensue?

Assuming, for purposes of argument only, that the action of the hospital through its staff was negligence, and assuming further that "damages" should be assessed as a result of the negligence, how could they be computed? Can the preservation of life (furthering life) even be amenable to the "damages" concept. I think not! *Id.* (Douglas, J., concurring). Three justices dissented and stated:

Contrary to the assertion of the majority opinion, the plaintiff was not seeking to recover because Winter's life was prolonged. He was seeking to recover because the hospital staff failed to follow the instructions Winter had given them. He claimed that this negligence increased the likelihood that Winter would suffer a stroke. Not only did Winter suffer a stroke, he was incapacitated from that day until the day of his death.

*Id.* at 230 (Pfeifer, J., dissenting).


tumor. In early 1986, McGuinness noticed that he began stubbing his toe and that once when his brother asked him a question he could not answer it. McGuinness, then fifty-seven years old, went to see a New Jersey neurologist in July 1986; the neurologist diagnosed McGuinness with a probable brain tumor. McGuinness was referred to a doctor practicing at Mt. Sinai Medical Center in New York City. In August 1986, McGuinness underwent an angiogram and a frontal parietal craniotomy with a total removal of a tumor. After the surgery, McGuinness was unable to move his legs, and his right arm was weakened. Since then, his condition has improved slightly, but he is unable to care for himself and now lives in a nursing home.

After his injury, McGuinness retained attorney Timothy Barnes to file a lawsuit on his behalf. Barnes failed to do so, and McGuinness brought a legal malpractice action against Barnes. McGuinness claimed that Barnes wrongly advised him that he could not file a lawsuit on McGuinness's behalf in the state in which the operation took place (New York). McGuinness also accused Barnes of abandoning McGuinness's interests shortly before the statute of limitations on filing a medical malpractice suit expired.

Among the underlying medical malpractice claims included in the legal malpractice suit against Barnes, McGuinness alleged that if he had been informed of the risks of the procedure he underwent to remove the tumor, he would have rejected the surgery. McGuinness claimed that his doctor told him the operation was routine and did not advise him of the possible serious repercussions. McGuinness later learned that he would have died within six months to a year without the surgery and asserted that he would have preferred this early death to his current disabled condition.
In his response to Barnes’s motion to dismiss, McGuinness stated that "just because [he] is alive today and conventional medical opinion suggests that he would have died without the surgery does not necessarily mean that he benefitted by the operation."\footnote{191} McGuinness argued that:

His first and only love of his life was being a police officer. When he suffered a heart attack, had cataract surgery, blood disorders and other illnesses, he stayed on the job. While others would have retired, gone out on disability long before, Richard McGuinness remained as a police officer dedicated to law enforcement. He changed job duties but still remained on the job. He wanted to continue as a police officer until he died. Both the United States Constitution and the New Jersey Constitution as well as the common law guarantee his right to self-determination even if he had only six months or a year to live. Richard McGuinness had the right to live the remainder of his life protecting the rights of others instead of requiring around the clock care in a life of partial paralysis.\footnote{192}

McGuinness further argued that to hold that he had

no legally cognizable claim for damages, would in effect, license the medical profession to disregard the rights of those who have life-threatening illnesses. To rule in favor of the Defendants would send a message to the medical community that it may disregard the rights of those who are terminally ill because they would die eventually. These rights are basic to all of us.\footnote{193}

However, in an unpublished oral ruling, the trial court rejected this argument.\footnote{194} In a decision based mainly on traditional informed consent principles, the judge found that the doctors had no duty to inform McGuinness of the option of nontreatment because a reasonable person would
have gone ahead with the surgery. The court also noted that the record was unclear whether McGuinness's doctor knew before the surgery that nontreatment would result in certain death and whether McGuinness would have withheld consent if he knew all the risks. It concluded: "Given that [McGuinness] had successfully undergone treatment which saved his life, this Court finds that [McGuinness] has no cause of action for wrongful life."

The appellate court also based its decision on informed consent principles. It noted that McGuinness's own expert testified that a reasonable and prudent patient given all the appropriate information would have chosen surgery instead of death. Thus, McGuinness's case failed under the causation requirement of the informed consent doctrine, which requires a showing that "the prudent person in the patient's position would have decided differently if adequately informed."

The court decided that McGuinness's failure to show causation also barred his wrongful living claim. In doing so, however, it suggested in dicta that such a claim could constitute a viable cause of action in the proper circumstances:

We recognize that a competent person has the right to refuse medical treatment even at the risk of death. Arguably, if any of the physicians involved in the case intentionally or willfully deprived [McGuinness] of that right of self-determination, that might give rise to an independent cause of action. Not so in this case. If [McGuinness] was

195. Id. The court analogized to Iafelice v. Zafaru, id. at 62, in which the court concluded that physicians were not liable under an informed consent theory when they performed an operation that saved an infant's life, but failed to inform her parents that she would likely require permanent institutional care. Iafelice v Zafaru, 534 A.2d 417, 418 (N.J. Super. Ct. App. Div 1987). The Iafelice court stated:

The mistaken premise of this appeal is that allowing the child to die untreated was a legally viable alternative. [W]e find no support for the belief that a newborn child may be put to death through benign neglect on the mere expectation that she will, in some unquantified way, be a defective person.

Id.


197 Id. The parties and the court erroneously referred to McGuinness's action as one for "wrongful life," but it is clear from the facts that the actual cause of action was for wrongful living.


199. Id. at 6.

200. Id. at 7 (quoting Largey v Rothman, 540 A.2d 504, 510 (N.J. 1988)).

201. Id. at 9.
deprived of his right to make a meaningful choice as to whether he wished to live or die, that was because he was deprived of the opportunity to give informed consent to the surgical procedure or procedures. We have already decided that there is no basis for a medical malpractice action based on the lack of informed consent.\(^{202}\)

c. Benoy v Simons and Bartling v Glendale Adventist Medical Center

Other appellate courts, although not directly faced with a wrongful living cause of action, have also been reluctant to allow damages for commencing or continuing life-sustaining treatment. For example, in *Benoy v Simons*\(^{203}\) the court upheld the dismissal of a claim for "wrongful prolongation of life."\(^{204}\) Dustin Reed Benoy was born on March 11, 1985 at Kadlec Medical Center (Kadlec) in Richland, Washington.\(^{205}\) Dustin was born prematurely, weighing less than two kilograms and suffering from severe respiratory distress.\(^{206}\) Kadlec placed Dustin in intensive care, and he subsequently developed a pneumothorax and intracranial hemorrhage with an intracerebral hemorrhage, which required surgical intervention.\(^{207}\) During Dustin’s hospitalization at Kadlec, his mother, father, and grandparents had frequent discussions with the hospital staff and doctors concerning the legal, medical, and financial issues surrounding Dustin’s care.\(^{208}\) Neither his mother nor his grandparents were willing to permit the appointment of a guardian, and his grandparents refused to be appointed.\(^{209}\) Dustin remained on a ventilator while hospitalized at Kadlec\(^{210}\) and was later transferred to a hospital in Seattle. On April 27, 1985, Dustin was removed from the ventilator, and he died.\(^{211}\)

After his death, Dustin’s mother and grandparents brought an action against a physician and Kadlec and requested damages for, among other things, wrongful prolongation of life. The plaintiffs argued that the

\(^{202}\) Id. at 8-9 (emphasis added) (citation omitted).
\(^{205}\) Id.
\(^{206}\) Id.
\(^{207}\) Id.
\(^{208}\) Id.
\(^{209}\) Id.
\(^{210}\) Id.
\(^{211}\) Id.
rationale of Harbeson v Parke-Davis, Inc., which allowed "a wrongful birth action by the parents of a handicapped child should by analogy allow a wrongful prolongation of life action as well." The court disagreed. It found the analogy to Harbeson "unsound." The court stated that Harbeson was "based on the recognition that parents have a right to prevent the birth of a handicapped child and health care providers have a duty to the parents correlative to that right." Thus, wrongful birth actions were based on a doctor's breach of duty to the parents of a handicapped child as his patients. This was inapplicable to the case before the court because Dustin was the patient.

In Bartling v Glendale Adventist Medical Center, the court recognized that a patient had a right to refuse treatment, but found that this right was not sufficiently established at the time to support a damages action for its violation. William Bartling entered Glendale Adventist on April 8, 1984 for treatment of severe chronic depression. He was also suffering from pulmonary emphysema, atherosclerotic cardiovascular disease, coronary arteriosclerosis, an abdominal aneurysm, and lung cancer. On April 14, 1984, Bartling's left lung collapsed during a needle biopsy. After attempts to re-inflate his lung failed, a mechanical ventilator was attached by way of a tracheotomy.

On May 30, 1984, Bartling signed a living will stating that he did not want to be kept alive by "artificial means or heroic measures." Bartling also executed a "Durable Power of Attorney for Health Care," appointing his wife as attorney-in-fact. Additionally, he, his wife, and daughter executed documents that released Glendale Adventist and its physicians from any claim of civil liability should they honor his wishes.

212. 656 P.2d 483 (Wash. 1983).
213. Benoy, 831 P.2d at 170.
214. Id.
215. Id.
216. Id.
217 229 Cal. Rptr. 360 (Ct. App. 1986).
219. Id.
220. Id.
221. Id.
222. Id.
223. Id.
224. Id. He also signed a declaration that stated, in part:
Between June and August of 1984, doctors attempted to wean Bartling from his ventilator. They resuscitated him each time because his "breathing and/or heart action failed during the weaning process." They also tried to transfer him to another hospital, but no other facility was willing to take him. Bartling died while still at Glendale Adventist on November 6, 1984. He remained on the ventilator until his death and had, at one time, been restrained by cloth cuffs around his wrists to prevent him from removing the tubes.

A month and a half after Bartling's death, the California Court of Appeals held that a competent nonterminally ill adult patient has a constitutionally based right to reject or terminate medical treatment. Shortly after this decision, Bartling's family filed an amended complaint alleging "battery, violation of constitutional and federal civil rights, breach of fiduciary duty, and intentional infliction of emotional distress and conspiracy." The trial court dismissed this complaint, and the court of appeals affirmed. The court of appeals stated that:

It cannot be said that a common or comprehensive legal standard was in place to guide the medical community at the time of Bartling's hospitalization — one which clearly should have compelled Glendale Adventist to

While I have no wish to die, I find intolerable the living condition forced upon me by my deteriorating lungs, heart and blood vessel systems and find intolerable my being continuously connected to this ventilator, which sustains my every breath and my life for the past 6 and one-half (6 1/2) weeks. Therefore, I wish this Court to recognize, honor and protect my constitutional right to liberty, privacy, self-dignity and the control of my own body. I wish this Court to order that the sustaining of my respiration by this mechanical device violates my constitutional right, is contrary to my every wish, and constitutes a battery upon my person.

Bartling's declaration continued:

I fully understand that [this] request which I have frequently made to my wife and to my doctors, will very likely cause respiratory failure and ultimately lead to my death. I am willing to accept that risk rather than to continue the burden of this artificial existence which I find unbearable, degrading and dehumanizing. I also suffer a great deal of pain and discomfort because of being confined to bed, being on this ventilator, and from the other problems which are occurring.

Id. Bartling's declaration continued:

Id. at 362.
225. Id. at 361.
226. Id. at 362.
227 Id.
230. Id. at 362.
"pull the plug" on Mr. Bartling's ventilator. The determination of the patient's right to die under extant law was a judgment call. It was only after Bartling I that California's physicians had legal precedent for freely acting according to a competent adult patient's instructions to terminate life-support systems without fear of civil liability and without advance court approval.

While we found in Bartling I that [the hospital's] refusal to withdraw treatment intruded upon Mr. Bartling's right to privacy, we cannot agree that the Bartlings' rights were so well-defined at the time of Mr. Bartling's hospitalization that Glendale Adventist deliberately acted with "conscious disregard" of their patient's constitutional rights.231

231. Id. at 363 (citations omitted). The court dismissed the plaintiffs' emotional distress claim and other claims for the same reason. Id. at 364-65.

Other families asserting emotional distress claims caused by witnessing the prolongation of a loved one's life have been similarly unsuccessful. For example, in Strachan v. John F. Kennedy Memorial Hospital, the appellate court reversed a $140,000 judgment in favor of the parents of a suicide victim in an action alleging that a hospital had breached a duty to provide consent forms for the pronouncement of death or the disconnection of a respirator, or to have a procedure for turning off a respirator. Strachan v. John F Kennedy Mem'l Hosp., 507 A.2d 718, 723-27 (N.J. Super. Ct. App. Div. 1986).

Jeffrey Strachan arrived at the defendant hospital at approximately 5:00 P.M. on Friday, April 25, 1980, after shooting himself in the head with a .38 caliber bullet. Id. at 720. The emergency room physician intubated Strachan and placed him on a respirator at 5:25 P.M. Id. He was declared brain dead later that night, and the following morning, Saturday, April 26, 1980, his parents requested that he be removed from the respirator. Id. The hospital refused, at first stating that a respirator could not be disconnected without a court order. Id. The court order later became unnecessary, however, when a physician agreed to remove Strachan from life-support systems and sign a death certificate if the parents signed a release. Id. at 722. The release was signed on Monday, April 28, 1980. Id. At that time, Strachan had no spontaneous respiration and was pronounced dead. Id.

Strachan's parents brought suit against the hospital alleging, among other things, negligent infliction of emotional distress. Id. They were successful in the trial court, but the appellate court reversed. Id. at 723. The court found that the "principles distilled from existing law persuade us to conclude that the hospital had no duty to provide consent forms or to have a procedure for turning off the respirator." Id. at 726. "Additionally, we discern no defined public policy which imposes a duty on the hospital or its administrator to have procedures and consent forms available for the withdrawal of life-support systems." Id. at 727; see also Westhart v. Mule, 261 Cal. Rptr. 640, 640-42 (Ct. App. 1989) (concluding that widow did not state cause of action for intentional infliction of emotional distress arising from doctor's insertion of feeding tube into her husband, contrary to her wishes that no heroic measures be taken to prolong his life, when there was no evidence that she later made any efforts to have tube removed); Bartling v. Glendale Adventist Med. Ctr. (Bartling II), 229 Cal. Rptr. 360, 365 (Ct. App. 1986) (finding no cause of action for "outrage" or intentional infliction of emotional distress when medical professionals "acted in reliance on what they believed to be prevailing community medical and legal standards and did not use their superior position to intentionally harass or intimidate the Bartlings"); Benoy v. Simons, 831 P.2d 167, 169 (Wash. Ct. App. 1992) (same).
The court also rejected an emotional distress claim in *McVey v. Englewood Hospital Association*. In *McVey*, the court held that a hospital and physicians could not be held liable for failing to comply with a comatose patient’s undocumented oral request, as expressed by family members, to terminate life support. *McVey v Englewood Hosp. Ass’n*, 524 A.2d 450, 452 (N.J. Super. Ct. App. Div. 1987). The estate and surviving daughters of Elizabeth Palermo, sought damages for substantial medical costs and emotional suffering alleged to have arisen from the failure to honor Palermo’s wishes, as communicated by her daughters, to be removed from life support. *Id.*

Palermo had been admitted to the hospital on March 17, 1985, "[i]n a deep coma and suffering from respiratory failure," and was connected to a respirator. *Id.* at 451. A physician told Palermo’s daughters that same night "that her brain stem activity was minimal and that death would likely ensue" if the respirator were removed. *Id.* Palermo’s daughters asked that the respirator be terminated, stating that their mother had said she did not wish to be artificially maintained in such a situation. *Id.* The hospital and doctors refused, however, until Palermo’s daughters followed New Jersey procedure to become her guardians, and then authorized discontinuation of treatment on April 22, 1985. *Id.* at 451-52. Palermo died four days later. *Id.* at 452.

The daughters brought suit seeking damages for the defendants’ failure to honor their mother’s wishes as communicated by them in March. *Id.* The trial court granted the defendants’ motion for summary judgment, and the appellate court affirmed. *Id.* at 451. The court held that hospitals and medical professionals do not have the duty or the expertise to explore the extent of conflicting interests, views, and purposes when an incompetent patient’s relatives ask that life sustaining efforts be discontinued because of the patient’s orally expressed wishes. *Id.* at 452.

The court distinguished cases holding that physicians are free from civil or criminal liability when they acquiesce to an immediate family member’s expression of an incompetent patient’s presumed or actual wish regarding the removal of life support. *Id.* (citing *Barber v Superior Court*, 195 Cal. Rptr. 484 (Ct. App. 1983); *John F Kennedy Mem’l Hosp. v Bludworth*, 452 So. 2d 921 (Fla. 1984)). The court noted:

*Barber* and *Bludworth* hold that physicians are free from civil or criminal liability [when acquiescing to family wishes for the removal of life support]. It is a very different thing, however, to assert that failure to comply with such undocumented requests, and absent the appointment of a guardian, constitutes an actionable breach of a duty owed to the patient and family. That time has not come in New Jersey.

*Id.*

One commentator reviewing these decisions suggested that they reflected courts’ hesitancy to question physicians’ medical judgment: "The judiciary’s reaction to those few cases in which patients or their families have sued for damages for nonconsensual [life-sustaining] treatment represents another instance of the legal system’s uncritical endorsement of the medical profession’s activist approach." Nancy K. Rhoden, *Litigating Life and Death*, 102 HARV L. REV 375, 430 (1988).

One area in which plaintiffs advocating the right to die have achieved monetary success is the recovery of attorneys fees. *See* *Gray v Romeo*, 709 F Supp. 325, 327 (D.R.I. 1989) (awarding attorneys fees to patient who successfully sought declaration under 42 U.S.C. § 1983 that refusal to withdraw feeding tube violated her constitutional rights); *Bouvia v. County of Los Angeles*, 241 Cal. Rptr. 239, 243-47 (Ct. App. 1987) (awarding attorneys fees to patient who succeeded in obtaining court order allowing removal of feeding
Better Off Dead Than Disabled?

B. Wrongful Life: A Disabled Child's Assertion That He Should Never Have Been Born

Rejection of the wrongful living cause of action in Anderson and McGuinness and the hesitancy to award damages for life as opposed to death in Benoy and Bartling is consistent with the vast majority of case law on wrongful life claims. In a wrongful life claim:

The child does not allege that the physician's negligence caused the child's deformity. Rather, the claim is that the physician's negligence — his failure to adequately inform the parents of the risk [that the child would be born with a disability] — has caused the birth of the deformed child. The child argues that but for the inadequate advice, it would not have been born to experience the pain and suffering attributable to the deformity.

The child does not allege that the physician's negligence caused the child's deformity. Rather, the claim is that the physician's negligence — his failure to adequately inform the parents of the risk [that the child would be born with a disability] — has caused the birth of the deformed child. The child argues that but for the inadequate advice, it would not have been born to experience the pain and suffering attributable to the deformity.

232. Harbeson v Parke-Davis, Inc., 656 P.2d 483, 494 (Wash. 1983) (en banc) (quoting Thomas Keasler Foutz, Comment, "Wrongful Life": The Right Not to Be Born, 54 TUL. L. REV 480, 485 (1980)); see also Berman v Allan, 404 A.2d 8, 11 (N.J. 1979) ("[T]he infant plaintiff [asserts] not that [she] should not have been born without defects but [rather] that [she] should not have been born at all. In essence, Sharon claims that her very life is 'wrongful.' ")

A wrongful life claim is closely related to a wrongful birth action, which includes the same allegations, but is brought by the parents of the handicapped child. BLACK'S LAW DICTIONARY 1612 (6th ed. 1990). Wrongful life and wrongful birth actions differ from wrongful conception or pregnancy cases in which the claim is brought by parents "for damages arising from the negligent performance of a sterilization procedure or abortion, and the subsequent birth of a child." Id., see also Cowe v Forum Group, Inc., 575 N.E.2d 630, 633 (Ind. 1991) (citations omitted). The Cowe court stated:

An action for wrongful conception or pregnancy refers to a claim for damages sustained by the parents of an unexpected child alleging that the conception of the child resulted from negligent sterilization procedures or a defective contraceptive product. The phrase 'wrongful birth' applies to claims brought by the parents of a child born with birth defects alleging that due to negligent medical advice or testing they were precluded from an informed decision about whether to conceive a potentially handicapped child or, in the event of a pregnancy, to terminate it. When such action seeks damages on behalf of the child rather than the parents, the phrase 'wrongful life' instead of 'wrongful birth' is employed.

Id.
With few exceptions, courts faced with the issue have refused to recognize wrongful life claims. In addition, a number of states have enacted

Several writers have drawn an analogy between wrongful life and wrongful living actions. See, e.g., Allen J. Belsky, Injury As a Matter of Law: Is This the Answer to the Wrongful Life Dilemma?, 22 U. BALI. L. REV 185, 223-34 (1993); Dooling, supra note 108, at 916-17 Oddi, however, stated that a wrongful living cause of action should be distinguished from wrongful life claims. See Oddi, supra note 18, at 641 n.75. Oddi states that "[t]he difficulty with the 'wrongful life' cases is the damages element, because a comparison must be made between nonlife and life in an impaired condition." Id. As discussed below, see infra notes 344-47 and accompanying text, this same problem arises in wrongful living cases.

Knapp and Hamilton also attempted to distinguish wrongful living and wrongful life cases:

In contrast to the "wrongful life" concept, the "wrongful living" plaintiff does not assert a right to make a retrospective decision about whether to be born, that is, to speculate about what decision the plaintiff would have made had the future been known to the plaintiff prior to conception or in utero. The "wrongful living" plaintiff weighs the effects of his medical therapy and his prognosis with and without the therapy, against the desirability of remaining alive.

Knapp & Hamilton, supra note 18, at 258 (citations omitted). I suggest below, see infra notes 340-45 and accompanying text, that this is a distinction without a difference and that it ignores the fundamental similarity between the two causes of action: the plaintiffs in both argue that they would be better off dead and that they are entitled to damages due to the quality of their life.


In contrast, many courts have recognized the wrongful birth cause of action. See, e.g., Robak v. United States, 658 F.2d 471, 476 (7th Cir. 1981); Gallagher v. Duke Univ.,
statutory bans on wrongful life, wrongful birth, or wrongful pregnancy claims, or all three.\textsuperscript{234}


Courts give two general reasons for not recognizing wrongful life claims. The first is "a general conceptual unwillingness to recognize any cognizable damages for a child born with a genetic impairment as opposed to not being born at all."235 As one court noted:

Whether it is better never to have been born at all than to have been born with even gross deficiencies is a mystery more properly to be left to the philosophers and the theologians. Surely the law can assert no competence to resolve the issue, particularly in view of the very nearly uniform high value which the law and mankind has placed on human life, rather than its absence.236

Accordingly, those courts have held that "life, even life with severe defects, cannot be an injury in the legal sense."237

The second basis for rejecting wrongful life claims "is the impossibility of calculating compensatory damages to restore a birth defective child to the position he would have occupied were it not for the defendant's negligence."238 As one judge explained:

When a jury considers the claim of a once-healthy plaintiff that a defendant's negligence harmed him — for example, by breaking his arm — the jury's ability to say that the plaintiff has been "injured" is manifest, for the value of a healthy existence over an impaired existence is within the experience of imagination of most people. The value of non-existence — its very nature — however, is not.239
Put another way: "The wrongful life action involves a calculation of damages dependent upon the relative benefits of an impaired life as opposed to no life at all." This is a 'comparison the law is not equipped to make.'"\textsuperscript{240}

\textsuperscript{240} Cowe, 575 N.E.2d at 634 (quoting Siemieniec, 512 N.E.2d at 697; Becker, 386 N.E.2d at 812). Even those few courts that have recognized the cause of action for wrongful life have been careful to hold that an injured child does not have a claim for general damages, but may only recover special damages resulting from extraordinary expenses for medical care or specialized teaching. For example, in Turpin v. Sortini, the court decided:

["With respect to the child's claim for pain and suffering or other general damages recovery should be denied because (1) it is simply impossible to determine in any rational or reasoned fashion whether the [child] has in fact suffered an injury in being born impaired rather than not being born, and (2) even if it were possible to overcome the first hurdle, it would be impossible to assess general damages in any fair, non-speculative manner.

Turpin v. Sortini, 643 P.2d 954, 963 (Cal. 1982). Moreover, a "monetary award of general damages — as opposed to the claim for medical expenses — cannot in any meaningful sense compensate the [child] for the loss of opportunity not to be born." Id. at 964. Similar reasoning is found in Procanik v. Cillo:

Sound reasons exist not to recognize a claim for general damages.

The crux of the problem is that there is no rational way to measure non-existence or to compare non-existence with the pain and suffering of [the child's] existence. Whatever theoretical appeal one might find in recognizing a claim for pain and suffering is outweighed by the essentially irrational and unpredictable nature of that claim. Although damages in a personal injury action need not be calculated with mathematical precision, they require at their base some modicum of rationality.

[It is simply too speculative to permit an infant plaintiff to recover for emotional distress attendant on birth defects when that plaintiff claims he would be better off if he had not been born. Such a claim would stir the passions of jurors about the nature and value of life, the fear of non-existence, and about abortion. That mix is more than the judicial system can digest. We believe that the interests of fairness and justice are better served through more predictably measured damages — the cost of extraordinary medical expenses necessitated by the infant plaintiff's handicaps. Damages so measured are not subject to the same wild swings as a claim for pain and suffering and will carry a sufficient sting to deter future acts of medical malpractice.

Procanik v. Cillo, 478 A.2d 755, 763 (N.J. 1984); see also Harbeson v Parke-Davis, Inc., 656 P.2d 483, 496-97 (Wash. 1983) (en banc) (noting that general damages were "beyond computation" in wrongful life action, but that extraordinary expenses for medical care and special training were calculable and could thus be recovered).

Courts have reached similar decisions in wrongful birth cases, holding that while ordinary child-rearing costs are not recoverable, parents may recover for extraordinary medical and educational expenses attributable to a child's birth defect. See Flanagan, 623 N.E.2d at 188. See generally Melissa K. Smith-Groff, Note, Wrongful Conception: When an Unplanned Child Has a Birth Defect, Who Should Pay the Cost?, 61 Mo. L. REV 135,
IV Societal Prejudice Against Disability and the Right to Die: Better Off Dead than Disabled?

Despite the frequent statements in wrongful life cases that it is impossible to compare life with a disability to nonlife, one concern raised regarding these cases — as well as the right-to-die cases and especially the assisted suicide cases — is that they reflect a societal prejudice that devalues the worth of disabled persons’ lives. Specifically, both courts and commentators find that the recognition of each of these rights is based upon a societal prejudice that life with a disability is not worth living. The wrongful living cause of action reflects the same view, and it is vital for courts addressing it to understand the roots of this prejudice and the danger that recognition of this tort poses for persons with disabilities.

A. The View of Disability in Everyday Life and in the Media: A Double Standard Between the Value of Life with a Disability and Without It

The view that life with a disability is not worth living can be seen in everyday interactions among the disabled and the able-bodied, and in artistic depictions of people with disabilities. People with disabilities

140-43 & nn.47-67 (1996). At least two courts, however, have denied the recovery of even extraordinary expenses in wrongful conception actions, holding that a doctor’s negligent performance of a sterilization procedure does not increase the probability that the child will be born with a defect and is, therefore, too far removed to be considered the proximate cause of a birth defect. See LaPoint v. Shirley, 409 F. Supp. 118, 121 (W.D. Tex. 1976) (labeling action incorrectly as wrongful birth when child resulted from unsuccessful tubal ligation, which is wrongful conception action); Williams v. Van Biber, 886 S.W.2d 10, 13-14 (Mo. Ct. App. 1994). Maine has a statutory bar to wrongful birth and wrongful life claims when a child is born healthy and limits damages under both claims to extraordinary expenses when the child is born with a disability. See ME. REV. STAT. ANN. tit. 24, § 2931 (West 1990).


242. Both Congress and the Supreme Court have recognized the existence of societal prejudice against persons with disabilities. In the findings and purposes listed in the first section of the Americans with Disabilities Act, Congress found that "historically, society has tended to isolate and segregate individuals with disabilities, and, despite some improve-
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report that complete strangers come up to them and talk about suicide.\textsuperscript{243}

ments, such forms of discrimination against individuals with disabilities continue to be a serious and pervasive social problem." 42 U.S.C. § 12101(a)(2) (1994). Further, the Act notes that "studies have documented that people with disabilities, as a group, occupy an inferior status in our society, and are severely disadvantaged socially, vocationally, economically, and educationally." \textit{Id.} § 12101(6). The Act also states:

\textit{[Individuals with disabilities are a discrete and insular minority who have been faced with restrictions and limitations, subjected to a history of purposeful unequal treatment, and relegated to a position of political powerlessness in our society, based on characteristics that are beyond the control of such individuals and resulting from stereotypic assumptions not truly indicative of the individual ability of such individuals to participate in, and contribute to, society.]} \textit{Id.} § 12101(7). Congress then stated that the purpose of the ADA was "to provide a clear and comprehensive national mandate for the elimination of discrimination against individuals with disabilities" and "to provide clear, strong, consistent, enforceable standards addressing discrimination against individuals with disabilities." \textit{Id.} § 12101(2).

The Supreme Court has not yet ruled on an ADA case, but has recognized the existence of prejudice and discrimination against persons with disabilities in several of its rulings. For example, in \textit{Alexander v. Choate}, the Court quoted sponsors of the ADA's precursor, Section 504 of the Rehabilitation Act of 1973, which forbids federal funds recipients from discriminating on the basis of disability. \textit{Alexander v Choate, 469 U.S. 287, 296 (1985)}. The Court described the treatment of the handicapped as one of the country's "shameful oversights" that caused the handicapped to live among society "shunted aside, hidden, and ignored." \textit{Id.} (quoting 117 CONG. REC. 45974 (1971) (statement of Rep. Vanik describing origins of Section 504)). Similarly, Senator Humphrey asserted that "we can no longer tolerate the invisibility of the handicapped in America." \textit{Id.} (quoting 118 CONG. REC. 525-26 (1972)); \textit{see also Cleburne v Cleburne Living Ctr., Inc., 473 U.S. 432, 454 (1985) (Stevens, J., concurring) (stating that "through ignorance and prejudice, the mentally retarded "have been subjected to a history of unfair and often grotesque mistreatment" (quoting Cleburne Living Ctr., Inc. v Cleburne, 726 F.2d 191, 197 (1984))).


243. \textit{See JOHN HOCKENBERRY, MOVING VIOLATIONS: WAR ZONES, WHEELCHAIRS, AND DECLARATIONS OF INDEPENDENCE} 97 (1995). Hockenberry, a paraplegic broadcast journalist, relates his encounter with a flight attendant watching him move from his wheelchair to a plane seat. She first complimented him on his agility in making the move and
Others simply imagine that life with a disability must be worse than without it. For example, in *Annie Hall*, Woody Allen's character says:

> I feel that life is divided up into the horrible and the miserable. Those are the two categories. The horrible would be like, I don't know, terminal cases, you know, and blind people, cripples. I don't know how they get through life. It's amazing to me. You know The miserable is everyone else. So when you go through life, you should be thankful that you're miserable.\(^{244}\)

then said: "I guess you are the first handicapped person I have ever seen up close. Have you ever thought of killing yourself?" *Id.*, Shapiro, supra note 242, at 38. Shapiro discussed the experience of Paul Longmore, an historian who walks slowly due to childhood polio. A stranger approached Longmore on the street and said: "If I were you, I'd kill myself." *Id*. The connection of disability with suicide in the popular media was dramatically shown in the fall of 1995 when actor Christopher Reeve gave his first interview after being paralyzed in a fall from a horse. Though Reeve made only one passing remark in the hour long interview about considering suicide briefly after his accident, that sound bite appeared in almost every commercial advertising the interview, in the introductory piece preceding it, in the lead of the Associated Press piece about it, and in several headlines reporting it. See, e.g., Abraham Levy, *Reeve Pondered Suicide After Paralyzing Fall*, Austin Am.-Statesman, Sept. 29, 1995, at B10; *Paralyzed Actor Reeve Says He Rejected Suicide*, Chi. Trib., Sept. 29, 1995, at 6. Perhaps most ominously, Geoffrey Fieger, the attorney for "suicide doctor" Jack Kevorkian, cited Reeve as the kind of patient Kevorkian would help commit suicide. John Larabee, *Fieger, Examiner Square Off*, Detroit News, Nov 10, 1995, at D1.

Longmore's and Hockenberry's encounters and the reaction to Reeve's statement reflect a society in which:

People with disabilities perceive their situations in much the same way as anyone else with a crisis would [it] may be difficult for the majority of able-bodied people to accept. Adjusting to a physical disability is typically seen as the hardest adjustment a person would ever be called on to make. People have been known to say, "I would rather die than be blind, or paralyzed, or grossly disfigured." People do not usually say, "I would rather die than be poor, or lonely, or depressed."


244. *ANNE HALL* (United Artists 1977), *quoted in* Longmore, supra note 241, at 152. Unfortunately, this viewpoint is not limited to a single movie. The author of an encyclopedic review of the depiction of persons with disabilities on television and in the movies noted:

A characteristic overused in disability portrayals is one termed as "devaluation." People with disabilities are illustrated as hating themselves and their limitations. They use poor language to further hammer home the point that they are, in their own eyes, less than human. "Freak" is a word of popular usage among screen characters. "Look at me!" is another term they employ, suggesting their appearance is inherently disgusting. It also serves the unspoken purpose of frightening a non-disabled audience as they see a nervous non-disabled character fighting back tears as they view the sight. This cancels out the possibility that disabled
This statement reflects what Paul Steven Miller, now a commissioner with the Equal Employment Opportunity Commission (EEOC), says is "a double standard between the value of the life of a person whose is able-bodied and that of a person with a disability." According to Miller:

people assimilate their own physicality and actually like themselves without the aid of an omniscient non-disabled person to help them acquire understanding.


The view that life with a disability is not worth living is most obviously reflected in plays and movies dramatizing the assisted suicide issue. Brian Clark's play Whose Life Is It Anyway? (1978) and the movie of the same name (Metro-Goldwyn-Mayer 1982); the TV movie An Act of Love (NBC television broadcast, Sept. 24, 1980), based on Paige Mitchell, An Act of Love: The Killing of George Zygmunik (1976); and Steve Carter's play Nevis Mountain Dew (1979) all tell the stories of disabled men who seek help in committing suicide. Similarly, the movie The Elephant Man (Paramount Pictures 1980), which shows prejudice as a major obstacle for a disabled man, ends with the title character committing suicide. Longmore states that "whether they focus on prejudice or paralysis, all of these stories tell us that disability causes social death, which in turn makes physical death preferable. Thus the point being made is better dead than disabled." Longmore, supra note 241, at 152.

Not all plays and movies featuring persons with disabilities end in suicide, of course, but even critically acclaimed ones which have "happy" endings often feature disabled characters who discuss or attempt suicide as a major part of the plot. See, e.g., Forrest Gump (Paramount 1994) (involving amputee); ScENT Of A WOMAN (Universal 1993) (involving blinded former Army colonel).

245. Miller, supra note 241, at 48; see also Field, supra note 241, at 87-88. Field stated:

There is a societal cut of "normalcy" that leads to the devaluation of persons with retardation and other handicaps or unusual conditions, especially by people who have little experience with the populations they devalue. Such persons may truly believe that a child with a serious disability is "better off dead," because it seems to them so terrible as to have a handicap.

Id. This double standard was most visibly demonstrated in the Social Darwinism and eugenics movements of the late 19th and early 20th centuries. The ultimate culmination of these movements was Germany's forced killing of over 200,000 persons with disabilities. An exhaustive study of the German "euthanasia" program and an excellent overview of eugenics in the United States and Europe can be found in Hugh Gregory Gallagher, By Trust Betrayed: Patients, Physicians, and the License to Kill in the Third Reich (2d ed. 1995).

In the United States, the eugenics movement's most visible manifestation was the mandatory sterilization of persons with disabilities. Sterilization laws were on the books in 28 states by 1937, and 17 states still had them in the late 1950s. See Burgdorf & Burgdorf, supra note 242, at 861. Nearly 64,000 sterilization procedures had been performed by 1964. See Drimmer, supra note 242, at 1368-69 n.121. These laws survived a constitutional challenge in Buck v. Bell, in which Justice Holmes upheld Virginia's sterilization of
This double standard exists based upon society's prejudice against persons with disabilities.

Many able-bodied persons are tremendously fearful about becoming disabled. This fear is based upon the notion that a disabled person's life is inferior to, and less precious than, an able-bodied person's life.²⁴⁶

Miller states that this fear is at the root of prejudice against persons with disabilities. He states that of the many sources of such prejudice,

[...] foremost is that of fear: fear of the loss of autonomy and the "there but for the grace of God go I" realization that disability can "afflict" any person. Such fears are, of course, based on a prejudicial assumption about life with a disability that society itself creates. Able-bodied people see "confinement" to a wheelchair, or reliance upon attendant care, or a lack of hearing or vision, as losses of independence, which, in this society, is often regarded as worse than death itself.²⁴⁷


The view that persons with disabilities hurt society was still evident in a 1991 Louis Harris and Associates poll on public attitudes toward people with disabilities. Sixteen percent of respondents said that they felt anger "because disabled people are an inconvenience," and nine percent said that they felt resentment at the "special privileges disabled people receive." SHAPIRO, supra note 242, at 328-29.

246. Miller, supra note 241, at 48-49.

247 Id. at 53. The fear of becoming disabled is reflected in the 1991 Louis Harris and Associates poll on public attitudes toward people with disabilities. Conducted for the National Organization on Disability, the poll found that 92% of respondents said that they usually felt admiration when they met people with severe disabilities, 74% said that they felt pity, and 47% said that they reacted with fear "because what happened to the disabled person might happen to them." SHAPIRO, supra note 242, at 328.

One commentator recognized a number of possible bases for the fear of disability:

1. Persons with disabilities represent a threat to the body image of the nondisabled.

2. The observation of a person with a disability reawakens the castration anxiety. Thus is particularly true when seeing a person with a missing part of the body

3. Encountering a person with a disability brings to the forefront the fear of losing one's physical integrity. Almost everyone is cognizant that there is a very thin line between having a disability and being nondisabled. An accident or disease may at any time change our status from nondisabled to disabled, and
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B. The Depiction of Disability in Right-to-Die Case Law: Lives Not Worth Living

The societal prejudice against disability can be seen in the few right-to-die cases brought by fully cognizant persons with disabilities who wanted judicial approval for the removal of respirators or feeding tubes. In these cases, courts focus entirely on the plaintiff's physical limitations, ignoring stresses in other areas of their lives, and conclude that life with these limitations is not worth living. In short, "[w]hen the nondisabled say they want to die, they are labeled as suicidal; if they are disabled, it is treated as 'natural' or 'reasonable.'"

it is this uncertainty and more importantly the lack of control one may have in his status change which creates this fear.

4. Association with persons who have disabilities may create the fear of contamination or inheritance of the disability. Although most conditions that create limitations cannot be contracted, especially when proper medical treatment has been applied, the idea of contamination does exist. For some it is subconscious and for others it is a real conscious belief.

5. Persons with disabilities rekindle separation anxieties. All children experience this anxiety as it relates to being separated from parents and as we grow older these anxieties are repressed. As adults we experience them occasionally as fears of being separated from children, spouse and other loved ones. In encountering a person with a disability, similar fears emerge with regard to loss of limbs or other body parts similar to the fears of losing one's physical integrity.


Whatever the source of the fear of disability, it is reflected in the terminology often used to describe persons with disabilities, and one commentator has noted:

Disabled people need to get nervous when professionals and the media use phrases like "imprisoned by her body," "helpless," "suffering needlessly," and "quality versus quantity of life." These phrases purport to be humanistic and compassionate, but they really express very primitive human fears of severe disability and a very misguided condemnation, "I could never live like that." Disabled people need to get very nervous because society is translating these primitive emotions into a supposedly rational social policy of assisted suicide, i.e., euthanasia.


I. Bouvia v Superior Court

The first case to address the propriety of withdrawing treatment from a competent person with a physical disability was *Bouvia v Superior Court*. Elizabeth Bouvia was born with cerebral palsy and was a quadriplegic. Her parents divorced when she was five years old, and her mother was given custody. Her mother remarried when Bouvia was ten, and she was put in an institution for handicapped children. Bouvia was moved from facility to facility during the next eight years, during which time her mother rarely visited her. At eighteen, she moved out into the community, and for eight years she lived independently, assisted by aides she paid through a California governmental program called In-Home Supportive Services. She earned an associate’s degree at a community college and then received her bachelor of arts and began graduate work at San Diego State University. She married Richard Bouvia.

Her personal life soon took on additional stresses. The local hospital where she was initially placed for field work in her social work graduate program refused to make accommodations for her disability, and she received no assistance from San Diego State. In fact, one of her professors reportedly told her she was unemployable and that if the school had known how disabled she was, she would never have been admitted to the master’s program.

Bouvia became pregnant, but suffered a miscarriage. Her brother drowned, and she and her husband separated and later filed for divorce. Severely depressed, Bouvia checked herself into the psychiatric unit of Riverside County Hospital, stated that she wished to end her life, and asked the hospital to assist her. The hospital refused, and a court in that county

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252. *Id.*
253. *Id.*
254. *Id.*
255. *Id.* at 154.
256. *Id.* at 156.
257 *Id.* at 154.
258. *Id.*
259. *Id.* at 156.
260. *Id.*
261. *Id.*
262. *Id.*
denied her petition to "starve herself to death."\textsuperscript{263} Bouvia's friends took her to several different facilities, both public and private, in an effort to find a hospital that would allow her to accomplish her goal.\textsuperscript{264} She ultimately ended up in a public hospital in Los Angeles County and there resumed litigation seeking the right to terminate her life.\textsuperscript{265} Specifically, she sought the removal of a nasogastric tube that she said was "inserted and maintained against her will and without her consent"\textsuperscript{266} for the purpose of keeping her alive through involuntary forced-feeding.\textsuperscript{267}

In its opinion granting Bouvia's request, the California Court of Appeals did not see fit even to mention the severe emotional stress arising from Bouvia's miscarriage, separation, and problems in school. Instead, it focused solely on her disability:

[Bouvia's] physical handicaps of palsy and quadriplegia have progressed to the point where she is completely bedridden. Except for a few fingers of one hand and some slight head and facial movements, she is immobile. She is physically helpless and wholly unable to care for herself. She is totally dependent upon others for all of her needs. These include feeding, washing, cleaning, toileting, turning, and helping her with elimination and other bodily functions. She cannot stand or sit upright in bed or in a wheelchair. She lies flat in bed and must do so the rest of her life. She suffers also from degenerative and severely crippling arthritis. She is in continual pain. Another tube permanently attached to her chest automatically injects her with periodic doses of morphine which relieves some, but not all of her physical pain and discomfort.\textsuperscript{268}

The court concluded that this life was indeed not worth living:\textsuperscript{269}

[Bouvia] would have to be fed, cleaned, turned, bedded, toileted, by others for 15 to 20 years! Although alert, bright, sensitive, perhaps even brave and feisty, she must lie immobile, unable to exist except through physical acts of others. Her mind and spirit may be free to take great flights but she herself is imprisoned and must lie physically helpless subject to the ignominy, embarrassment, humiliation and dehumanizing aspects created by her helplessness. We do not believe it is

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\textsuperscript{263} Bouvia, 225 Cal. Rptr. at 300. \\
\textsuperscript{264} Id. \\
\textsuperscript{265} Id. \\
\textsuperscript{266} Id. at 298. \\
\textsuperscript{267} Id. \\
\textsuperscript{268} Id. at 300. \\
\textsuperscript{269} Id. at 300-05.
\end{flushright}
the policy of this State that all and every life must be preserved against the will of the sufferer. It is incongruous, if not monstrous, for medical petitioners to assert the right to preserve a life that someone else must live, or more accurately, endure for 15 to 20 years. We cannot conceive it to be the policy of this State to inflict such an ordeal upon anyone.\(^{270}\)

2. State v McAfee

Similar language is found in a decision involving a quadriplegic's request to be removed from a ventilator.\(^{271}\) Larry McAfee was a quadriplegic as a result of a motorcycle accident.\(^{272}\) At the time of his accident, McAfee worked full-time at an engineering firm in Atlanta while completing his engineering degree at Georgia Tech.\(^{273}\) Within seventeen months of his injury, the cost of his hospitalization, rehabilitation, and home health care had consumed all of his $1 million insurance coverage, and McAfee became dependent on state Medicaid funding.\(^{274}\) McAfee's parents could not take him into their home and pay for his care, and Georgia's Medicaid program would not pay for home health care.\(^{275}\) Georgia Medicaid would pay a skilled nursing home one hundred dollars per day for McAfee's care, but no nursing home in the state would accept him because this payment was too low for the care of clients who used respirators.\(^{276}\) Other states

\(^{270}\) See State v McAfee, 385 S.E.2d 651, 652 (Ga. 1989).

\(^{271}\) See State v McAfee, 385 S.E.2d 651, 652 (Ga. 1989).

\(^{272}\) Id. at 651.

\(^{273}\) See SHAPIRO, supra note 242, at 262.

\(^{274}\) Id. at 265.

\(^{275}\) Id.

\(^{276}\) Id. at 265-66.
paid nursing homes more, and McAfee was moved to a nursing home near Cleveland because Ohio paid nearly three hundred dollars per day to care for clients on respirators.277 After McAfee filed complaints with Ohio officials about his poor care there, the nursing home transferred McAfee by ambulance plane to Grady Memorial Hospital in Atlanta.278 Georgia Medicaid had granted the Ohio nursing home permission to transfer McAfee, but did not inform Grady Hospital of the transfer until his arrival, knowing that the hospital would not have accepted a patient in stable condition and not in need of hospital care.279 Grady Hospital, however, could not discharge McAfee unless it found another place for him, and again, no Georgia nursing home would take a client on a respirator.280

After three months in the noisy and stressful ICU where he had no privacy and only rarely did nurses have time to get him out of bed, McAfee called a lawyer and said that he wanted to die.281 The state did not oppose McAfee's petition,282 and the court granted it.283

In doing so, the court did not mention McAfee's forced moves to the Ohio nursing home and then to the Atlanta hospital. Nor did it mention his experiences in the hospital. Like the Bouvia court, it focused only on the plaintiff's physical condition. The court described McAfee as being "incapable of spontaneous respiration, and dependent upon a ventilator to breathe. According to the record, there is no hope that Mr. McAfee's condition will improve with time, nor is there any known medical treatment which can improve his condition."284

3. Bouvia and McAfee Choose to Live

Given only the courts' descriptions of Bouvia's and McAfee's lives, one would think that the petitioners quickly embraced death after being granted the right to die. In fact, Bouvia is still alive today, thirteen years

277 Id. at 266.
278 Id. at 266-67
279 Id. at 267
280 Id.
281 Id. at 258, 267
282 See McAfee, 385 S.E.2d at 652 (indicating that state conceded that its interest in preserving life did not outweigh McAfee's right to refuse medical treatment and stated in its brief that "there is simply no basis in this case upon which the State may intervene and oppose the exercise of Mr. McAfee's right to refuse treatment").
283 Id. at 652-53.
284 Id. at 651.
after filing her suit, and McAfee died of pneumonia six years after the Georgia court gave him the choice of turning off his ventilator.

McAfee was transferred to an Alabama nursing home with a special wing for clients who used respirators only two days after the trial court's hearing on his petition. While in the nursing home, McAfee met Russ Fine, the director of an injury prevention research center at the University of Alabama. Fine made it clear to McAfee that he supported his right to end his life, but presented him with other options as well. An engineer installed an environmental control system in McAfee's nursing home room that allowed him to operate the telephone and television. A computer specialist who saw television news reports on McAfee flew to Alabama and set up a voice-activated computer programmed to recognize McAfee's voice. With special software, McAfee was able to make architectural renderings of buildings and apartment layouts using a sonar beam directed from a band strapped to his head to draw on the computer screen. After considerable pressure, including pressure from President Bush who asked the Department of Health and Human Services to look into the matter, Georgia Medicaid agreed to move McAfee to a new group home in Augusta. McAfee found this setting to be much better and eventually obtained a job in computer mapping.


287. SHAPIRO, supra note 242, at 281.
288. Id. at 281-82.

289. The story of the relationship between Fine and McAfee was told in the 1993 television movie The Switch. The Switch (CBS television broadcast, Jan. 15, 1993); Ray Richmond, CBS' "The Switch" Worth Turning On, S.F Chron., Jan. 15, 1993, at C3; Obituaries, WASH. POST, Oct. 9, 1995, at B4 (providing obituary of McAfee). At least one person with a disability was critical of the movie, however, as being "just another buddy saga, where the non-disabled person saves the cripple from himself, helps the cripple see the light and choose not to die." Marta Russell, Hollywood Needs New View of Disabled, L.A. TIMES, Jan. 25, 1993, at F3.

290. SHAPIRO, supra note 242, at 283.
291. Id. at 284.
292. Id. at 284-85.
293. Id. at 287-88.

Elizabeth Bouvia also chose not to take her life. She chose not to have the feeding tube removed at the time the appellate court decision came down because she was receiving morphine for her pain, and "because of the treatment, it (starvation) just became more difficult to do."\(^2\) Bouvia stated in 1993 that she still "feel[s] the same way; I wish I could die peacefully, but I don't know at this point that starvation is the way to do it."\(^2\)

She also reported, however, that she spent her days at the Los Angeles County-USC Medical Center, where she had lived since 1986, reading, listening to music, and watching television and movies.\(^2\) She used a telephone by tapping on a lever taped to a bedrail.\(^2\) Her family visited occasionally, and she had friends who came to see her on a weekly basis.\(^2\) She also received mail, although she had difficulty keeping up with the correspondence because she needed someone to write for her.\(^3\)

Bouvia worked for some time on getting out of the hospital and said that "I hope eventually that will come to pass."\(^3\) Specifically, she hoped for "an apartment situation. That way I would have a bit more privacy.\(^3\) Bouvia eventually got that wish. She now lives in an apartment with full-time aides and goes out shopping in her wheelchair.\(^3\)

4. McKay v Bergstedt

Kenneth Bergstedt never got an opportunity to think about living independently like McAfee and Bouvia, but after his death, the Nevada Supreme Court held that he should have and noted that this might have impacted his decision on whether his life was worth living.\(^3\) The court’s


\(^{296}\) Homing, *supra* note 295, at 10A. Bouvia said: "If I was going to starve to death today it would be more difficult. The situation changed with the morphine. I’ve learned to accept it." Wilson, *supra* note 295, at D22. At the time of the interview, she was eating well, and her weight was up considerably from the time she filed her suit. *Id.*

\(^{297}\) Homing, *supra* note 295, at 10A.

\(^{298}\) *Id.*

\(^{299}\) *Id.*

\(^{300}\) *Id.*

\(^{301}\) *Id.*

\(^{302}\) *Id.*


initial description of Bergstedt was similar to those found in Bouvia and McAfee:

At the tender age of 10, Kenneth suffered the fate of a quadriplegic as a result of a swimming accident. Twenty-one years later, faced with what appeared to be the imminent death of his ill father, Kenneth decided that he wanted to be released from a life of paralysis held intact by the life-sustaining properties of a respirator. \(^{305}\)

Bergstedt's father filed a petition on Kenneth's behalf requesting a court order permitting the father to turn off the ventilator without liability for murder or wrongful death and asking the court to determine that Kenneth's request was not suicidal. The lower court granted the application, but ordered the Nevada attorney general to appeal the ruling. \(^{306}\) Bergstedt's father, however, disconnected the ventilator days after the trial court's ruling, and Bergstedt died before the Nevada Supreme Court could issue its ruling. \(^{307}\) Despite this, the court issued its opinion and noted that it had revised certain aspects to reflect changes necessitated by what we consider to be the tragic and untimely demise of a young man who had managed to create a modicum of quality in a life devastated by quadriplegia and total dependence on artificial respiration and the care of others. \(^{308}\)

In its opinion, the court focused almost exclusively on the quality of Bergstedt's life, but noted that his concerns over that quality hinged more on a lack of adequate support services than on his physical condition. The court noted:

It appeared that Kenneth's suffering resulted more from his fear of the unknown than any source of physical pain. After more than two decades of life as a quadriplegic under the loving care of his parents, Kenneth understandably feared for the quality of his life after the death of his father, who was his only surviving parent. Although Kenneth completed elementary and high school through private tutoring, study and telephone communication with his teachers, and wrote poetry and otherwise lived a useful and productive life, his physical condition was dire. His quadriplegia left him not only ventilator-dependent, but entirely reliant on others

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305. Id. at 620.
BETTER OFF DEAD THAN DISABLED?

for his bodily functions and needs. His limited sources of entertainment, including reading, watching television, and writing poetry through the oral operation of a computer, also required the attentive accommodations of others. Since the death of his mother in 1978, all these services were provided by his father and attending nurses occasionally called to the home.

It thus appears, and the record so reflects, that Kenneth was preoccupied with fear over the quality of his life after the death of his father. He feared that some mishap would occur to his ventilator without anyone being present to correct it, and that he would suffer an agonizing death as a result. In contemplating his future under the care of strangers, Kenneth stated that he had no encouraging expectations from life, did not enjoy life, and was tired of suffering. Fear of the unknown is a common travail even among those of us who are not imprisoned by paralysis and a total dependency upon others. There is no doubt that Kenneth was plagued by a sense of foreboding concerning the quality of his life without his father. 309

Though the state had essentially agreed with Bergstedt's petition and had taken only a "token adversarial stance" on appeal, 310 the court balanced Bergstedt's interests in avoiding the fear of the unknown against the state's interests in preserving life and preventing suicide. It concluded that:

As medical science continues to develop methods of prolonging life, it is not inconceivable that a person could be faced with any number of alternatives that would delay death and consign him or her to a living hell in which there is hopelessness, total dependence, a complete lack of dignity, and an ongoing cost that would impoverish loved ones. The State's interests in preserving life and preventing what some may erroneously refer to as suicide does not extend so far. 311

Several disability groups attempted to help Bergstedt avoid this "living hell" after learning of his petition requesting removal of his ventilator. Bergstedt's father, however, stated that his son could not come to the phone. According to a reporter from the Disability Rag, a disability rights publication, Bergstedt's father said that his son did not like the way he sounded using the ventilator and, because of this, would not speak on the

309. Id. at 624.
310. Id. at 619.
311. Id. at 627 One commentator remarked that:

The judicial reaction to both [Bergstedt] and Bouvia because of their disabilities demonstrates how the new quality-of-life ethic devalues and excludes people with physical disabilities by concurring with them that death is better than life with severe disabilities, rather than by seeking to alleviate the pressures which make life with such disabilities so difficult.

Paredes, supra note 241, at 827
phone. A California disability group that had begun to arrange a shared living situation and personal attendant for Bergstedt was never permitted to talk with him about these plans. Whether Bergstedt ever learned of these efforts cannot be known as his father disconnected his ventilator shortly after the trial court's ruling.

C. Judicial Recognition of the Influence of Prejudice Against and Lack of Support Services for People with Disabilities in Right-to-Die Cases

The disability groups’ efforts on Bergstedt's behalf were nonetheless important because they were implicitly acknowledged in the Nevada Supreme Court's opinion when it identified a state interest in "encouraging

313. See id.
314. Id. Many people with disabilities also tried to reach out to David Rivlin, a 38-year-old quadriplegic from Michigan, when he sought to have his ventilator disconnected in 1989. See Herr et al., supra note 247, at 14. No defendant was named in Rivlin's action, and no one appeared to either contest it or file amicus briefs. Id. Rivlin told a reporter: "The vent [his respirator] takes away all choice in your life. I don't want to live an empty life lying helplessly in a nursing home for another thirty years. Death means to me that I can just rest in peace." Shapiro, supra note 242, at 275. Rivlin, who had lived in a nursing home in a Detroit suburb for three years told another reporter: "I don't want to live the rest of my life in an institution. I've tried to figure out other ways but there [are] none." Herr et al., supra note 247, at 14 (quoting Accident Victim: Life More Than Surviving, DAILY REP (Coldwater, Mich.), May 20, 1989, at E8).

Rivlin declined contact with people with disabilities who wrote and called to tell him of ways to live outside of an institution, having apparently given up by the time of his court proceeding. See id. Also, before Rivlin's death, a reporter covering his story learned that Michigan had changed its social welfare rules since the last time Rivlin had tried to live independently, and that by calling the social services office Rivlin could receive $333 a month for personal care. Id. at 15. This amount could be doubled if Rivlin was able to get an exception, and a senior clinical social worker told the reporter that he "knew how to work the system" and could get Rivlin even more money for a "decent system of home care." Id. Unfortunately, Rivlin's ventilator was shut off before the reporter could tell him of these new possibilities. Id.

Rivlin's pleas for a doctor's help in ending his life inspired Dr. Jack Kevorkian, Michigan's now infamous suicide doctor, to build his first suicide machine. See Shapiro, supra note 242, at 275-76. Kevorkian met Rivlin when he sought a doctor's help in dying. Id. at 276. See generally Jack Kevorkian, PRESCRIPTION — MEDICIDE: THE GOODNESS OF PLANNED DEATH (1991). Kevorkian first used his suicide machine a few months later. Of the forty people Kevorkian "assisted" between June 4, 1990 and September 7, 1996, twenty-eight had diseases that were not life-threatening, and autopsies revealed that they were not terminally ill. Thomas Maier, Waiting at Death's Door, NEWSDAY, Sept. 8, 1996, at 4-5. Nine people had multiple sclerosis. Id.
the charitable and humane care of afflicted persons." In making this acknowledgment, the Bergstedt court became one of the first to address the problems that lead to suicide among persons with disabilities: the existence of societal prejudice and the lack of adequate support services.

The Bergstedt court noted that there is a "clear national and State public policy to encourage charitable contributions for the humane care and treatment of citizens stricken with various maladies and disabilities," and that "national and State efforts to improve the circumstances of disabled citizens are indicative of the highest social character — a society attuned to the worth of an individual irrespective of physical or mental handicap." Noting that Bergstedt was not "without a meaningful life" and that his main fear was life in the care of strangers after his father's death, the court stated that:

It appeared to us that Kenneth needed some type of assurance that society would not cast him adrift in a sea of indifference after his father's passing. Perhaps available governmental, private and charitable support systems would not have been adequate to provide Kenneth the assurance he needed to alleviate his fears. We nevertheless conclude that absent Kenneth's intervening death, it would have been necessary to fully inform him of the care alternatives that would have been available to him after his father's death or incapacity.

316. Id.
317. Id.
318. Id.
319. Id. The Bergstedt court's observation that it is the lack of support services, rather than the disability itself, which often leads to a disabled person's request to die is in line with commentary on the issue. One commentator has noted:

Many are wondering why society is so quick to assist a disabled person who wants to end life when the same desire to die in an able-bodied person is viewed as a genuine cry for help. It is the fear of no support to live independent lives, not their disabilities, that drives people with disabilities to end their lives.


Paredes further stated:

[R]ather than assuming that life [with a disability] lacks quality due to disability, decision-makers should question "whether the apparent misery is the result of a lack of adequate support services for the person. If, as is more likely, the issue is one of inadequate support services, the answer is clearly to demand that those services be provided."

Id. (quoting Christopher Newell, Lives of Inestimable Value: Life Worthy of Life, 7 Issues L. & Med. 245, 251 (1991)).
The court made this informational disclosure a requirement of the procedure for withdrawal of medical treatment from competent adults in the future. Two nonattending physicians must examine the adult and determine, among other things:

If the patient is non-terminal, i.e., has an estimated life expectancy of six months or more either with or without artificial life-support systems, that he or she was apprised of the care options available to the patient through governmental, charitable and private sources with due regard for the value of life, and [then] certify in writing without liability except for fraud, that the aforesaid explanation of care alternatives was given and the patient's response thereto.\textsuperscript{320}

Unfortunately, the Bergstedt court is one of the few courts to identify a concern for persons with disabilities as a state interest in right-to-die cases. Additionally, the other opinions containing these concerns have either been overturned or are dissenting opinions. For example, in the Ninth Circuit's initial ruling in Compassion in Dying, the court identified one of the state interests in barring assisted suicide as "protecting all of the handicapped from societal indifference and antipathy."\textsuperscript{321} The court there noted that it had received an amicus curiae brief on behalf of numerous residents of nursing homes and long-term care facilities\textsuperscript{322} and stated:

The vulnerability of such persons to physician-assisted suicide is foreshadowed in the discriminatory way that a seriously disabled person's expression of a desire to die is interpreted. When the nondisabled say they want to die, they are labeled as suicidal; if they are disabled, it is treated as "natural" or "reasonable."\textsuperscript{323}

The court found that "an insidious bias against the handicapped — again coupled with a cost-saving mentality — makes them especially in need of Washington's statutory protection."\textsuperscript{324}

\textsuperscript{320} Bergstadt, 801 P.2d at 630.


\textsuperscript{322} Id.

\textsuperscript{323} Id. at 593 (citing Gill, supra note 241, at 38-39).

\textsuperscript{324} Id. Similar concern is voiced in a dissenting opinion in In re Guardianship of Grant, 747 P.2d 445, 459 (Wash. 1987) (en banc) (Anderson, J., concurring in part and dissenting in part), opinion amended, 757 P.2d 534 (Wash. 1988). Justice Anderson noted that:
[W]e have witnessed too much history to disregard how easily a society may disvalue the lives of the "unproductive." The "angel of mercy" can become the fanatic, bringing the "comfort" of death to some who do not clearly want it, then to others who "would really be better off dead," and finally, to classes of "undesirable persons," which might include the terminally ill, the permanently unconscious, the severely senile, the pleasantly senile, the retarded, the incurably or chronically ill, and perhaps, the aged. In the current environment, it may well prove convenient—and all too easy—to move from recognition of an individual's "right to die" to a climate enforcing a "duty to die."

Id. at 459 (quoting Mark Siegler & Alan J. Weisbard, Against the Emerging Stream: Should Fluids and Nutritional Support Be Discontinued?, 145 ARCHIVES INTERNAL MED. 129, 130-31 (1985)). The state court in Cruzan did touch briefly on the danger of making quality of life a factor in the right-to-die decisions: "Were quality of life at issue, persons with all manner of handicaps might find the state seeking to terminate their lives." Cruzan v. Harmon, 760 S.W.2d 408, 420 (Mo. 1988) (en banc), aff'd, 497 U.S. 261 (1990).

The concern about the right to die becoming a "duty to die" has also been expressed in articles discussing requests by persons with disabilities to have life-sustaining treatment removed:

In a society where people with disabilities are still intensely stigmatized and largely segregated and in a society that still refuses to acknowledge the reality of that social oppression, the right to die will inevitably become a duty to die. People with major disabilities will be pressured into "choosing" to end their lives.

Longmore, supra note 241, at 158-59.

The duty to die sentiment has in fact garnered popular support. In 1984, then Colorado governor Richard Lamm was quoted as saying that the elderly have "a duty to die" to make way for future generations. Lamm Moves Closer to Third-Party Bid, BOSTON GLOBE, June 8, 1996, at 8. Another time, he stated that tax dollars spent on care of the mentally retarded may be wasted when, after years of care, all they could do is "roll over." Id. Though the "duty to die" statement apparently was a misquotation, the governor's press secretary reported that of more than 2000 cards and letters received, 648 writers opposed Lamm's published "position" while 1399 backed it. See Charles Roos, Many Memorable Phrases Weren't Actually Spoken, ROCKY MOUNTAIN NEWS, Feb. 24, 1995, at 46A.

The danger of these stereotypes was perhaps most prominently recognized when the Secretary of Health and Human Services denied Oregon's request for a Medicaid waiver to implement its plan for rationing medical services to the state's Medicaid recipients. See Letter from Louis W Sullivan, United States Secretary of Health and Human Services, to Barbara Roberts, Governor of Oregon (Aug. 3, 1992) (with accompanying three page "Analysis Under the Americans with Disabilities Act (ADA) of the Oregon Reform Demonstration"), reprinted in Timothy B. Flanagan, ADA Analyses of the Oregon Health Care Plan, 9 ISSUES L. & MED. 397, 409 (1994). The Secretary's denial was based on concerns stemming from the prioritization process. The process had included a telephone survey of the general public asking participants to assign values to different health states based on descriptions in terms of functional impairments and symptoms associated with a given condition. The Secretary stated that Oregon's reliance on the telephone survey
V Wrongful Living: The Wrong Answer to a Difficult Problem

Like the Bergstedt court and the Compassion in Dying panel, courts faced with wrongful living cases must be "attuned to the worth of an individual irrespective of physical or mental handicap," and to the existence of historical prejudices and lack of adequate support services for persons with disabilities, which lead some to say that life is not worth living. These courts should then follow the wrongful life cases and reject the wrongful living cause of action for four compelling policy reasons: (1) the legal recognition that "a disabled life is an injury would harm the interest of those most directly concerned, the handicapped;" (2) the question of whether one would be better off dead is one which courts are not equipped to handle and is antithetical to "the very nearly uniform high value which the law and mankind has placed on human life, rather than its absence;" (3) the impossibility of calculating compensatory damages based on the comparison between life with a disability and death; and (4) the adequate remedies available under traditional tort principles for those whose refusal of treatment is not honored.

may have "quantified stereotypic assumptions about persons with disabilities." Id. at 410. In addition, in ranking the 709 condition-treatment pairs and making its final hand adjustments, the Oregon Health Services Commission partially relied on "certain community values, including 'quality of life' and 'ability to function.'" Id. at 411. In these facets of the prioritization process, the Secretary found "considerable evidence that [the list] was based in substantial part on the premise that the value of the life of a person with a disability is less than the value of the life of a person without a disability. This is a premise that is inconsistent with the ADA." Id. at 410. He concluded that "any methodology that would intentionally ration health care resources by associating quality of life considerations with disabilities does not comport with the mandate of the ADA." Id. at 411. For commentary on health care rationing and persons with disabilities, see generally Mary Crossley, Medical Futility and Disability Discrimination, 81 IOWA L. REV 179 (1995); David Orentlicher, Destructuring Disability: Rationing of Health Care and Unfair Discrimination Against the Sick, 31 HARV C.R.-C.L. L. REV 49 (1996); Giles R. Scofield, Medical Futility Judgments: Discriminating or Discriminatory?, 25 SETON HALL L. REV. 927 (1995); James V Garvey, Note, Health Care Rationing and the Americans with Disabilities Act of 1990: What Protection Should the Disabled Be Afforded?, 68 NOTRE DAME L. REV 581 (1993); Greg P Roggin, Note, The "Oregon Plan" and the ADA: Toward Reconciliation, 45 WASH. U.J. URB. & CONTEMP. L. 219 (1994); Nancy K. Stade, Note, The Use of Quality-of-Life Measures to Ration Health Care: Reviving a Rejected Proposal, 93 COLUM. L. REV 1985 (1993); and Note, The Oregon Health Care Proposal and the Americans with Disabilities Act, 106 HARV L. REV 1296 (1993).

A. Recognition of a Wrongful Living Cause of Action Would Harm Persons with Disabilities

As Elizabeth Bouvia, Larry McAfee, and countless others illustrate, even life with severe physical handicaps can have a certain quality if people with disabilities are given the support services they need.328 Unfortunately, a person reading the Bouvia and McAfee decisions is not likely to know the nonphysical stresses in their lives before they made their requests to die or their subsequent decisions to live. Instead, the reader will work only from the courts' descriptions of their lives. As one commentator has pointed out, the Bouvia court's "characterization of the life of a quadriplegic promotes a social attitude likely to at least indirectly influence the choices of disabled persons in the future."329 A finding that a life with a disability is not worth

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328. Indeed, Franklin D. Roosevelt, arguably our greatest president, guided the United States through the Great Depression and World War II though paralyzed by polio. America's — and FDR's own — difficulty in accepting that disability are chronicled in HUGH GREGORY GALLAGHER, FDR'S SPLENDID DECEPTION (1985). The importance of FDR's disability continues to be an issue to this day, as evidenced by the debate over whether he should be depicted in a wheelchair in the memorial currently being built in Washington. People with disabilities argue that the failure to show FDR in a wheelchair is a historical distortion, and it deprives people with disabilities today and in the future of a valuable role model. See FDR Memorial Keeps Wheelchair Hidden, PHOENIX GAZETTE, May 17, 1996, at A35. Others argue that Roosevelt purposefully chose to keep his disability hidden for personal as well as political reasons, and that the goals of advancing disability perception do not justify violating his self-image. See Charles Krauthammer, Defining the Image of FDR, CHI. TRIB., June 17, 1996, at 15.

329. Donald L. Beschle, The Role of Courts in the Debate on Assisted Suicide: A Communitarian Approach, 9 NOTRE DAME J.L. ETHICS & PUB. POL'Y 367, 377 (1995). Beschle later states that he finds what he terms the "libertarian" approach to assisted suicide disturbing because of its tendency to absolve us, as individuals or as a society, from a sense of responsibility to others. Do we provide enough support for the handicapped? Does medicine devote attention to the relief of pain? Does the absence of universal health care insurance make people choose an earlier death in order not to financially burden their relatives? Do social attitudes emphasizing the importance of physical perfection send disturbing messages about what type of life is not worth living? If suicide is merely an act of autonomy, we need not address these questions.

Id. at 380 (emphasis added) (citation omitted).

Disability advocates asked to provide testimony to Congress on the assisted suicide issue used more forceful language in discussing their concerns about the view toward disability seen in the right-to-die cases. Diane Coleman, a lawyer and the executive director of the Progress Center for Independent Living, and Carol Gill, Ph.D., of the Chicago Institute of Disability Research, stated:
living could have a similar impact, and this should be a concern of courts faced with wrongful living actions as it has been for those courts ruling on wrongful life actions.

In *Smith v Cole*, the court listed as among its policy reasons for rejecting a wrongful life action the fact that:

Legal recognition that a disabled life is an injury would harm the interests of those most directly concerned, the handicapped. Disabled persons face obvious physical difficulties in conducting their lives. They also face the subtle yet equally devastating handicaps of the attitudes and behavior of society, the law, and their own families and friends. Furthermore, society often views disabled persons as burdensome misfits. Recent legislation concerning employment, education, and building access reflects the slow change in these attitudes. This change evidences a growing public awareness that the handicapped can be valuable and productive members of society. *To characterize the life of a disabled*
person as an injury would denigrate both this new awareness and the handicapped themselves. 330

This reasoning is equally applicable to the wrongful living cause of action and is even more relevant today because Congress enacted the most important piece of civil rights legislation for persons with disabilities after the Smith court wrote this passage. The Americans with Disabilities Act (ADA), 331 signed on July 26, 1990, for the first time extended federal disability rights law into the private sector, 332 prohibiting employment discrimination on the basis of disability 333 and requiring that public accommodations, 334 governmental services, 335 transportation, 336 and telecommunications 337 be accessible to the disabled. The ADA is

based on the premise that disability is a natural part of the human experience and in no way diminishes the rights of individuals to live independently, pursue meaningful careers and enjoy full inclusion in the economic, political, cultural and educational mainstream of American society 338

Judicial approval of a wrongful living tort, in which a court would declare a person to be better off dead than disabled, would mark a step back from this recognition that persons with disabilities can be valuable and productive members of society. Doing so would denigrate the significant step marked by the ADA, persons with disabilities them-


334. Id. § 12182.

335. Id. § 12132.

336. Id. §§ 12141-12165, 12184-12186.


selves, and what the Berman v Allan court characterized as "[o]ne of the most deeply held beliefs of our society is that life — whether experienced with or without a major physical handicap — is more precious than non-

B. Courts Cannot Answer the Question of Whether Life with a Disability Is Worth Living

Whether this belief is as deeply held as the Berman court suggests — and I have argued above that it is not — courts faced with wrongful living claims may still reject them based on an analogy to the reasons commonly given for refusing wrongful life claims. The first reason is a conceptual unwillingness to recognize damages for being born with a disability as opposed to not being born at all. This unwillingness should also extend to wrongful living actions in which plaintiffs seek damages for being alive as opposed to being dead.

In Greco v United States, the Supreme Court of Nevada noted that:

Whether it is better never to have been born at all than to have been born with even gross deficiencies is a mystery more properly to be left to the philosophers and the theologians. Surely the law can assert no competence to resolve the issue, particularly in view of the very nearly uniform high value which the law and mankind has placed on human life, rather than its absence.

The same difficulties in comparing life to nonlife exist in wrongful living cases: the plaintiffs seek compensation for living life in an impaired condition as opposed to being allowed to die. This claim also calls for courts to measure the benefits of life against nonexistence.

Knapp and Hamilton attempt to get around this difficulty by distinguishing wrongful living and wrongful life cases. They state:

In contrast to the "wrongful life" concept, the "wrongful living" plaintiff does not assert a right to make a retrospective decision about whether to be born, that is, to speculate about what decision the plaintiff would have made had the future been known to the plaintiff...
prior to conception or in utero. The "wrongful living" plaintiff weighed the effects of his medical therapy and his prognosis with and without the therapy, against the desirability of remaining alive.\textsuperscript{342}

This argument ignores the fundamental similarity between the two causes of action: the plaintiffs in both argue that they would be better off dead and that they are entitled to damages due to the quality of their lives. In doing so, the plaintiffs ask the court to make an objective decision about the worth of their lives as opposed to nonexistence. As one court ruling against a wrongful life claim noted, this differs greatly from the typical right-to-die case in which

[t]he court avoids making an objective judgment as to the value of the plaintiff's life; it strives, instead, to protect the individual's subjective will. Even when the plaintiff is incompetent, "the court does not arrogate to itself the individual's choice," but instead allows the plaintiff's guardian or surrogate to make that choice on his behalf.

The same cannot be said of wrongful life cases. At issue is not protection of the [plaintiff's] right to choose non-existence over life, but whether legal injury has occurred as a result of the defendant's conduct. The necessary inquiry is objective, not subjective; the court cannot avoid assessing the "worth" of the [plaintiff's] life. Simply put, the judiciary has an important role to play in protecting the privacy rights of the dying. It has no business declaring that among the living are people who never should have been born.\textsuperscript{343}

Similarly, the necessary inquiry in a wrongful living case is objective, not subjective, and the court is required to opine on the worth of the plaintiff's life. More specifically, the court must decide if that worth is so minimal that the person would be better off dead and is entitled to compensation for living. This is a decision the judiciary is not equipped to make, and accordingly, it has no business declaring that among the living are people who are better off dead.

\textbf{C. Wrongful Living Damages Are Incalculable: It Is Impossible to Compare and Place a Value on Life with a Disability vs. Death}

Oddi stated in his article that wrongful living could be distinguished from wrongful life because the "difficulty with the 'wrongful life' cases is
the damages element, because a comparison must be made between nonlife
and life in an impaired condition. He then said, however, that the
action seeks compensation for living and the possible damages are those
"for the time period that the patient survived due to the interfering treat-
ment." If this is the case, a wrongful living action, just as a wrongful
life action, involves the calculation of damages based on life as opposed to
nonlife.

One court discussing the difficulty of making such a calculation stated:

The basic rule of tort compensation is that the plaintiff be put in the
position that he would have been in absent the defendant's
negligence. The damages recoverable on behalf of a child for
wrongful life are limited to those necessary to restore the child to the
position he would have occupied were it not for the alleged
malpractice of the physician or other health care provider. In a
wrongful life case, there is no allegation that but for the defendant's
negligence the child would have had a healthy, unimpaired life.
Instead, the claim is that without the defendant's negligence, the
child never would have been born. Thus the cause of action
involves a calculation of damages dependent upon the relative
benefits of an impaired life as opposed to no life at all, "[a] compar-
ison the law is not equipped to make."

The law is also not equipped to make the comparison between life and
nonlife in a wrongful living action. There are no damages available that
can put the patient in the position in which he would have been if not for
the health care provider's failure to honor the advance directive: if the
defendant had not acted, the plaintiff would be dead. A computation of
damages "would require the trier of fact to measure the difference in
value between life in an impaired condition and the 'utter void of nonexistence.'
Such an endeavor, however, is literally impossible. [M]an 'who
knows nothing of death or nothingness,' simply cannot affix a price tag to
non-life."

344. Oddi, supra note 18, at 641 n.75.
345. Id. at 648. Oddi later states that "the loss to the patient asserting the right to die
is the prolongation of life." Id. at 661.
Becker v Schwartz, 386 N.E.2d 807, 812 (N.Y. 1978)). The court's statement on the
purpose of tort law is consistent with that found in the Restatement, which provides that "the
law of torts attempts primarily to put an injured person in a position as nearly as possible
equivalent to his position prior to the tort." RESTATEMENT (SECOND) OF TORTS § 901 cmt.
a (1965).
347 Berman v Allan, 404 A.2d 8, 12 (N.J. 1979) (citations omitted).
D Adequate Remedies for Failure to Honor Advance Directives Exist Under Traditional Tort Principles

Courts need not take on the impossible task of deciding whether a life with a disability is worth living because, as Pedrick notes, the "familiar principles of tort law can be enlisted to better assure that unwanted life-support measures either will not be used, or will be withdrawn when that is the wish of the patient or the patient's agent." 348 Pedrick further comments that "when health care givers subject a competent patient to life sustaining procedures against his or her will, the settled law of torts provides a remedy by way of an action for battery, with resultant liability on the part of health care givers for substantial damages, both general and punitive." 349

A battery action for unauthorized medical treatment is a matter of hornbook law that the Supreme Court recognized in Cruzan. 350 Health care providers who act in good faith will have no reason to fear a battery claim because of the protections provided in living will and proxy statutes 351 and because of the requirement that a battery be intentional. 352 A physician who

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348. Pedrick, Arizona Tort Law, supra note 108, at 390. Pedrick's statement follows a discussion of living will statutes. Hence, he is suggesting that the use of tort principles will be more successful in assuring the right to die than the enactment of statutes. The author has borrowed Pedrick's statement to suggest that the use of such familiar principles will also be more valuable in achieving that goal than recognition of the wrongful living cause of action.

349. Id. at 396. Pedrick also suggests that Medicare officials and insurance companies should routinely ask whether the health care provider has received instructions declining the use of life-support systems before the patient's death. Id. at 399. In such a case, he says these third parties should refuse to pay for medical services rendered after the health care provider knew of the patient's wishes to refuse treatment. Id. He states:

Such a policy adopted by Medicare, Medicaid, and the health insurance industry would have a salutary effect in bringing an effective sanction to bear on health care givers, and through fiscal persuasion, should bring them to honor the instructions of patients and surrogate agents on this subject.

Id., see Gasner, supra note 17, at 512-15 (arguing that providing financial disincentives to continuing treatment by refusing to reimburse providers for unwanted services is promising enforcement mechanism for individual's right to refuse treatment).


351. All state living will and health care proxy statutes confer some sort of immunity from civil or criminal liability or both on health care providers who in good faith comply with a properly executed living will or the instructions of a proxy acting in accordance with the patient's wishes or in the patient's best interest. See 2 Meisel, supra note 11, § 11.17 (citing living will statutes); id. § 12.46 (citing proxy statutes).

352. Section 13 of the RESTATEMENT (SECOND) OF TORTS provides:
knowingly ignores a patient’s advance directive, however, would be liable for battery and subject to damages. Indeed, the Anderson court held that a person who was given life-sustaining treatment against his wishes was entitled to damages resulting from the "natural and continuous sequence following the unwanted resuscitative effort including all medical expenses until death, the costs of [a] nursing home, and any extraordinary expenses related to [the patient’s] care."353

An actor is subject to liability to another for battery if
(a) he acts intending to cause a harmful or offensive contact with the person of the other or a third person , and
(b) a harmful contact with the person of the other directly or indirectly results.

RESTATEMENT(SECOND) OF TORTS § 13 (1965). A comment states that:

[A] surgeon who performs an operation upon a patient who has refused to submit to it is not relieved from liability by the fact that he honestly and, indeed, justifiably believes that the operation is necessary to save the patient’s life. Indeed, the fact that medical testimony shows that the patient would have died had the operation not been performed and that the operation has effected a complete cure is not enough to relieve the physician from liability

Id. § 13 cmt. c.

353. Anderson v. St. Francis-St. George Hosp., No. C-930819, 1995 WL 109128, at * 5 (Ohio Ct. App. Mar. 15, 1995), rev’d, 671 N.E.2d 225 (Ohio 1996). This holding was reversed on appeal because of a failure to show any connection between the defibrillation and Winter’s subsequent stroke. Anderson, 671 N.E.2d at 228. The Ohio Supreme Court found that:

[T]he record is devoid of any evidence that the administering of the resuscitative measures caused the stroke. Winter suffered the stroke because the nurse enabled him to survive the ventricular tachycardia. Because the nurse prolonged Winter’s life, numerous injuries occurring after resuscitation might be foreseeable, but would not be caused by the defibrillation.

Id.

The court decided that the only damages that Winter’s estate could recover were those due directly to the battery Id. at 229. It then found that Winter suffered "no damages as a result of the defibrillation of his heart, i.e., no tissue burns or broken bones," and thus, his estate could not recover against the hospital. Id. The court stated, however, that its decision did not mean unwanted life-saving treatment would go undeterred:

Where a patient clearly delimits the medical measures he or she is willing to undergo, and a health care provider disregards such instructions, the consequences for that breach would include the damages arising from any battery inflicted on the patient, as well as appropriate licensing sanctions against the medical professionals.

Id.

This holding focuses too narrowly on the unwanted treatment itself. The damages resulting from the battery when a patient has specifically asked not to be resuscitated
Such a holding is consistent with the majority of wrongful birth cases, which allow parents to recover for the extraordinary medical and other expenses related to raising a child with a disability, but do not provide compensation for living. One commentator noted:

Like the parents of such children, the families of dying patients, must also bear the cost of extensive, long-term, intensive care medicine. If nothing else, hospitals and physicians should at least bear the cost of the unwanted medical care when it is given over the competent, express refusal of the patient.

necessarily include all future medical expenses: If the patient had not been resuscitated, he would not be alive to incur these expenses. Even if there is no evidence that the resuscitation caused the subsequent medical problems, those problems can be said to have resulted from the health care provider's actions because they would not have occurred otherwise. The Ohio Supreme Court was correct, however, to deny emotional distress damages. The Ohio Court of Appeals stated that Winter's estate could recover for his "pain, suffering and emotional distress related to having a stroke." Anderson, 1995 WL 109128, at *5. Such a claim necessarily seeks compensation for living with a disability as opposed to being dead and, as the Ohio Supreme Court stated, involves a "theory of recovery identical to the theory underlying a claim for 'wrongful living.'" Anderson, 671 N.E.2d at 228. As such, emotional distress damages should be barred for the same reasons as the wrongful living cause of action.


355. Dooling, supra note 108, at 917 Pedrick also argues that punitive damages could be available for the failure to honor a patient's advance directive:

The physician who continues to treat the patient and who disregards the patient's instructions forbidding use of life-sustaining procedures is chargeable with a conscious, knowing disregard of the patient's legal right. Such knowing disregard for the patient's legal right, whether for good motives or ill, cannot be tolerated. Punitive damages are appropriate in these cases, regardless of the health care giver's motive in disregarding the patient's instructions.

Pedrick, Arizona Tort Law, supra note 108, at 82.

Pedrick also states that close relatives who witness a family member's suffering after a physician's intentional refusal to honor an advance directive may bring emotional distress claims. Id. at 83. He argues that health care givers are chargeable with knowledge of the family's emotional distress if the patient's wishes are disregarded and draws an analogy to cases in which courts have imposed liability for emotional distress arising out of the merely negligent handling of a dead body. Id. (citing W PAGE KEETON ET AL., PROSSER AND KEETON ON THE LAW OF TORTS § 54, at 362 (5th ed. 1984)).

These claims should be barred for the same reason as emotional distress claims brought by the patient: they require the impossible comparison between the stress placed on the family by the patient's survival as opposed to his death. Such a bar is in line with the majority of wrongful birth cases that do not allow the parents of disabled infants to recover for emotional distress arising from their birth. See, e.g., Becker v. Schwartz, 386
Health care providers' bearing such costs relieves patients and their families of the burden of paying for unwanted treatment and places them in the same economic position in which they would have been had their wishes been honored. This result satisfies the "basic rule of tort compensation"

N.E.2d 807, 813-14 (N.Y 1978) (finding that emotional distress damages for parents were too speculative); Jacobs v Theimer, 519 S.W.2d 846, 849-50 (Tex. 1975) (concluding that damages were too speculative as to plusses and minuses of parenting); see also Goldberg v Ruskin, 471 N.E.2d 530, 539-40 (Ill. Ct. App. 1984) (finding that under Illinois law, damages for emotional distress can only be recovered when emotional distress results from physical injury or illness); Arche v. United States, Dep't of Army, 798 P.2d 477, 481 (Kan. 1990) (stating that under Kansas law, plaintiff must witness tortious act to recover for emotional distress).

Some courts do allow emotional distress damages as an exception to a jurisdiction's impact rule. See, e.g., Kush v. Lloyd, 616 So. 2d 415, 423 (Fla. 1992) ("[T]hese parents went to considerable lengths to avoid the precise injury that they now have suffered. We conclude that public policy requires the impact doctrine not be applied within the context of wrongful birth claims."); Naccash v Burger, 290 S.E.2d 825, 830-31 (Va. 1982) (disallowing emotional distress damages). Other jurisdictions conclude that the parent's emotional distress is a direct harm resulting from the defendant's negligence and is properly included in damages. See, e.g., Keel v Banach, 624 So. 2d 1022, 1029-31 (Ariz. 1993); Berman v Allan, 404 A.2d 8, 14-15 (N.J. 1979).

Even if one accepts the holdings allowing emotional distress damages for parents in wrongful birth actions, however, they are distinguishable from cases brought by persons whose family members receive unwanted treatment. As the court in Benoy v. Simons noted, wrongful birth actions are based on a doctor's breach of duty to the parents of a disabled child as his patient. Benoy v Simons, 831 P.2d 167, 170 (Wash. Ct. App. 1992). There is no such relationship between the family of a person receiving unwanted treatment and the doctor.

The Anderson court suggests that liability may also arise when the unwanted treatment is not done intentionally, but because a health care provider fails to note the existence of an advance directive in a patient's chart. See Anderson, 1995 WL 109128, at *3-*4. As Oddi notes, health care providers' failure to examine available medical records may support a negligence claim. See Oddi, supra note 18, at 661 n.160. Oddi cites several examples: Larnore v. Homeopathic Hosp. Ass'n, 181 A.2d 573, 577 (Del. 1962) (concluding that hospital was liable when nurse failed to read patient's chart before giving injection); Killebrew v. Johnson, 404 N.E.2d 1194, 1197-98 (Ind. Ct. App. 1980) (finding jury question on whether physician's failure to examine previously taken x-rays constituted negligence); Smith v. Courter, 575 S.W.2d 199, 202-03 (Mo. Ct. App. 1979) (same); and Edwards v. Means, 243 S.E.2d 161, 162 (N.C. Ct. App. 1978) (same). A similar failure to examine the patient's chart for an advance directive could support a malpractice claim for the expenses incurred as a result of the unwanted treatment.

A more difficult question arises as to liability for unwanted treatment when the advance directive is never properly filed in the patient's chart. Holding health care providers liable for the expenses resulting from the failure to place an advance directive in a patient's chart, or to include that directive in the information accompanying the patient upon transfer to another facility, may encourage better record-keeping practices.
identified in *Siemieniec v Lutheran General Hospital*,\(^{356}\) without requiring a court to decide whether life with a disability is worth living.

**Conclusion**

Advances in medical technology have drastically changed the way physicians treat patients and how and where Americans die. Many people die after undergoing invasive life-sustaining treatment unheard of even fifty years ago. In response, courts and legislatures have recognized the right to die, stating that patients have a constitutional or common-law interest in refusing unwanted medical treatment.

Both public opinion polls and scientific studies show that many patients would prefer not to be placed on life-support systems. This desire, however, is often misunderstood by health care providers. Even if the patient's wishes are understood — and are memorialized in a living will or other form of advance directive — they are often ignored. Patients and families have responded in the past by suing to have the treatment stopped. Courts have granted their requests, but in doing so they have often reflected a societal prejudice that life with a disability is not worth living.

Recognition of the right to die has now spawned a different kind of lawsuit: suits for damages alleging that patients who received unwanted life-sustaining treatment have suffered a compensable injury. Most of these suits have been brought under traditional tort principles, but plaintiffs have also sought recognition of a new tort: wrongful living. This tort action seeks compensation for living and is essentially a claim that an individual's diminished quality of life after or while receiving the treatment makes life not worth living and that they would be better off dead.

Courts should reject such actions. Judicial approval of a wrongful living tort, in which a court would declare a person to be better off dead than disabled, would mark a step back from the recent recognition in the ADA that persons with disabilities can be valuable and productive members of society. A wrongful living tort would also force courts to make an inquiry into whether the worth of the plaintiff's life is so minimal that they would be better off dead. This is a decision the judiciary is ill-equipped to make.

Even if the courts could make such a decision, however, there are no damages available which could put the plaintiff in the position in which he

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356. *Siemieniec v. Lutheran Gen. Hosp.*, 512 N.E.2d 691, 697 (Ill. 1987). This result also satisfies another purpose of tort law: deterrence. *Restatement(Second) of Torts* § 901 cmt. c (1979). Health care providers who know they will not be compensated for unwanted treatment are far less likely to provide it.
would have been if not for a health care provider's failure to honor his wishes: If the health care provider had not acted, the plaintiff would be dead. Courts are not equipped to make a comparison between the relative benefits of life with a disability and no life at all.

Courts need not take on the task of deciding whether a plaintiff's life is worth living because there are adequate remedies available under familiar tort principles for those whose refusal of life-sustaining treatment has not been honored. Patients who have been treated against their wishes may bring battery actions. These actions will allow them to be compensated for the denial of their autonomy and force health care providers to bear the cost of unwanted medical care. This will place patients and their families in the same economic position in which they would have been had their wishes been honored. This satisfies the basic rule of tort compensation and creates a deterrent to the providing of unwanted treatment without requiring a court to decide whether life with a disability is worth living.